



Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, B, A, B, A, B

Part A

SEC 1 BACK SWEEP, BEHIND SIDE 1/8 STEP, RUN X3, HITCH, BACK, BACK, 1/4 SWAY, SWAY, SWAY

- 1 Step RF back with sweep L from front to back
2&3 Cross LF behind RF, Step RF to R side, 1/8 turn R, step LF forward (1:30)
4&5 Run forward on RF, Run forward on LF, Run forward on RF while Hitching LF
6&7 Step LF back, Step RF back, 1/4 turn L step LF to L side with sway L (10:30)
8& Sway R, Sway L

SEC 2 1/8 STEP SWEEP, CROSS, 1/4 BACK, 1/4 STEP, FULL TURN, 1/2 BACK SWEEP, WEAVE CROSS ROCK, 1/4 STEP

- 1 1/8 turn R, step RF forward with sweep LF from back to front (12:00)
2&3 Cross LF over RF, 1/4 turn to L step RF back, 1/4 turn L, step LF forward (6:00)
4&5 1/2 turn L step RF back, 1/2 turn L, step LF forward, 1/2 turn L step RF back with sweep LF from front to back (12:00)
6&7 Cross LF behind RF, Step RF to R side, Rock LF cross over RF
8& Recover on RF, 1/4 turn L, step LF forward (9:00)

SEC 3 1/4 SIDE, BEHIND, 1/4 STEP, SIDE ROCK 1/4, RUN RUN, ROCK, BACK, 1/4 SIDE, CROSS ROCK

- 1 1/4 turn L step RF to R side with R hand pushing from R to L (chest level) and looking L (6:00)
2&3 Cross LF behind RF, 1/4 turn R step RF forward, 1/4 turn R rock LF to L side (12:00)
&4&5 Recover on RF, Run forward on LF, Run forward on RF, Rock LF forward
6&7 Recover on RF, Step LF back, 1/4 turn R step RF to R side reaching L arm from down L to up R in 1/2 circle (3:00)
8& Cross rock LF over RF, Recover on RF

SEC 4 1/4 STEP, STEP, 1/2 STEP, 1/4 SIDE ROCK, CROSS, 1/4 BACK, ROCK BACK, FULL TURN, STEP

- 1 1/4 turn L step LF forward (12:00)
2&3 Step RF forward with R arm performing a pulling inward motion in front of you, 1/2 turn L step LF forward (6:00)
3&4& 1/4 turn L rock RF to R side, recover on LF, Mimic a heartbeat motion with hands to chest (3:00)
5 Cross RF over LF
6&7 1/4 turn R step LF back, Rock RF back, Recover on LF (6:00)
&8& 1/2 turn L step RF back, 1/2 turn L step LF forward, Step RF forward

Hold On

Continues... Page 1 of 2



Hold On

Continued... Page 2 of 2

Part B

SEC 1 SIDE, ARMS, BACK, BACK, BACK ROCK, STEP, ½ TURN

- 1 Step LF to L side
- 2& Reach your R hand out in front of you palm facing forward, reach your L hand out in front of you palm facing forward
- 3& Close R fist and bring it in towards your body, close L fist and bring it in towards your body
- 4&5 Step RF back, Step LF back, Rock RF back looking over R shoulder reaching R arm with index finger back
- 6-7-8 Recover on LF, Step RF forward, ½ turn L step LF forward (12:00)

SEC 2 CLOSE, BACK, BACK, ¼ SWAY, SWAY, SWAY, NIGHTCLUB BASIC, ¼ STEP, ROCK

- 1 Close RF next to LF
- 2 Step back LF with your L arm performing a pulling inward motion in front of you
- & Step RF back with your R arm performing a pulling inward motion in front of you
- 3-4& ¼ turn L step LF to L side with sway L, Sway R, Sway L (9:00)
- 5 Step RF to R side looking over R shoulder and reaching your R arm with index finger behind you
- 6& Step LF behind RF, Cross RF over LF
- 7-8& ¼ turn L step LF forward, Rock RF forward, Recover on LF (6:00)

SEC 3 CLOSE, ARM, NIGHTCLUB BASIC, ¼ STEP ½ ARABESQUE, BACK ½ SWEEP, STEP, ¼ SIDE ROCK

- 1-2-3 Close RF next to LF R arm to R side, Reach your L arm to L side, Close both arms to your chest bending knees
- 45& Step RF to R side, Step LF behind RF, Cross RF over LF
- 6-7 ¼ turn L step LF forward with ½ turn L and R arabesque, Step RF back with ½ turn L and L sweep (3:00)
- 8& Step LF forward, ¼ turn L rock RF to R side (12:00)

SEC 4 RECOVER, ARMS, BACK, BACK, BACK ROCK, SWAY, SWAY, ¼ STEP, STEP, FULL TURN

- 1 Recover on LF
- 2& Reach your R hand out in front of you palm facing the wall, Reach your L hand out in front of you palm facing the wall
- 3& Close your R fist and bring it in towards your body, Close your L fist and bring it in towards your body
- 4&5 Step RF back, Step LF back, Rock RF back looking back reaching your R arm and point with your index to the back
- 6&7 Recover on LF with sway L, Sway R, ¼ turn L, Step LF forward (12:00)
- 8& Step RF forward, ½ turn L step LF forward
- 1 ½ turn L as you step back RF and sweep LF (1st count of part A)

