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Circuit

32 count, circle, beginner/intermediate level
Choreographer: The Girls (Maureen & Michelle)
England) Nov 2002

Choreographed to: Cripple Creek by Jim Rast & The
Malones (CD: Line Dance Hits From The Jukebox -
Volume 1) (138 bpm)

(Dancers stand in a circle facing inwards.)

WALKS FORWARD, CLAP, WALKS BACK, CLAP

- 1-4 Walk forward on right, left, right, hold & clap hands at head height
5-8 Walk back on left, right, left, hold & clap hands at knee height

RIGHT, TOGETHER, RIGHT, KICK, LEFT, TOGETHER, LEFT, KICK

- 9-10 Step right to right, step left beside right
11-12 Step right to right, kick left across right
13-14 Step left to left, step right beside left
15-16 Step left to left, kick right across left

FORWARD, CLAP, STOMP, STOMP, BACK, CLAP, STOMP, STOMP

- 17-18 Step right forward, hold & clap hands forward
19-20 Stomp left back, stomp right beside left
21-22 Step left back, lean round to left and clap hands to outside of circle
23-24 Stomp right forward, stomp left beside right (facing forwards toward inner circle)

RIGHT, TOGETHER, JUMP, HOLD, JUMP, HOLD, KNEE BEND

- 25-26 Step right to right, step left beside right
&27-28 Jump right to right, jump left beside right, hold & clap
&29-30 Jump right to right, jump left beside right, hold & clap
31-32 Bend both knees, straighten both knees

Alternative Music: Cotton-Eye Joe by Rednex (CD: In The Summertime), Linda Lou by The Tractors
(CD: Farmers In A Changing World), Riding Alone by Rednex (CD: In The Summertime), Big Mon
produced by Ricky Skaggs (CD: Big Mon) BPM:138, 132, 148, 132, 140 respectively

Cripple Creek – 48 count intro
Cotton-Eye Joe – 32 count intro
Linda Lou – 16 count intro
Riding Alone – 48 count intro from immediate beginning
Big Mon – 32 count intro