



Tennessee Trippin'

32 Count 4 Wall Low Intermediate Level Dance.
Choreographed by: Nathan Lee (USA) Jan 2025
Choreographed to: Cowgirl by Parmalee
Intro: 16 Counts. Start at approx 6 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ¼ MONTEREY, ¼ MONTEREY

- 1-2 Point R foot out to R side, Turn ¼ R stepping R beside L (3:00)
- 3-4 Point L out, Step L next to R
- 5-6 Point R foot out to R side, Turn ¼ R stepping R beside L (6:00)
- 7-8 Point L out, Step L next to R

SEC 2 TURNING BOX WITH TAPS

- 1-2 Step R foot out R, turn ¼ R tap L next to R (9:00)
- 3-4 Step L foot out L, turn ¼ R tap R next to L (12:00)
- 5-6 Step R foot out R, turn ¼ R tap L next to R (3:00)
- 7-8 Step L foot out L, turn ¼ R tap R next to L (6:00)

SEC 3 GRAPEVINE, 1¼ ROLLING VINE

- 1-2-3-4 Step R foot to R side, Step L foot behind R
- 3-4 Step R foot to R side, Touch L foot next to R
- 5-6 Turn ¼ L step L forward, turn ½ L step R back (9:00)
- 7-8 Turn ½ L step L forward, step R next to L (3:00)

SEC 4 SWIVEL HEEL, TOE, HEEL, TOE, SWIVEL TOE, HEEL, POINT, TOUCH

- 1-2 Swivel R and L heels to R side, Swivel R and L toes to R side
- 3-4 Swivel R and L heels to R side, Swivel R and L toes to R side
- 5-6 Swivel R and L toes to L side, Swivel R and L heels to L side
- 7-8 Point R toe to R side, Touch R next to L