



## Like Falling Asleep

48 Count 4 Wall Low Advanced Level Dance.  
Choreographed by: Charles Alexander (SWE) Mar 2025  
Choreographed to: Wasteland by Royal & The Serpent  
Intro: 12 Counts. Start at approx 7 secs.

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### SEC 1 STEP, DRAG, ½ BASIC, ½ BASIC, STEP, ½ SWEEP

- 1-3 Step R forward, Hold and drag L towards R over 2 counts (2-3)
- 4-6 Step L forward, ¼ turn left stepping R to side, ¼ turn left stepping L back (6:00)
- 1-3 Step R back, ¼ turn left stepping L to side, ¼ turn left stepping R forward (12:00)
- 4-6 Step L forward, Sweep R back to front making ½ turn left (6:00)

### SEC 2 TWINKLE, WEAVE, LUNGE, RECOVER ½ SWEEP

- 1-3 Cross R over L, Step L diagonally forward, Step R diagonally forward
- 4-6 Cross L over R, Step R to side, Step L behind R
- 1-3 Rock R to side with bent knee and L toes pointing left, Hold for 2 counts
- 4-6 Recover onto L, Sweep R back to front making ½ turn left (12:00)

### SEC 3 CROSS ROCK, SIDE, CROSS, FULL UNWIND, SIDE, CROSS ROCK, SIDE, DRAG

- 1-3 Rock R over L, Recover onto L, Step R to side
- 4-6 Cross L over R, Unwind a full turn right keeping weight on L
- 1-3 Step R to side, Rock L over R, Recover onto R
- 4-6 Step L to side, Hold and drag R towards L over 2 counts

### SEC 4 DIAMOND FALLAWAY, BASIC FWD, BACK, ⅛ DRAG

- 1-3 Cross R over L, Step L to side, ⅛ turn right stepping R back (1:30)
- 4-6 Step L back, ⅛ turn right stepping R to side, ⅛ turn right step L forward (4:30)
- 1-3 Step R forward, Step L beside R, Step R beside L
- 4-6 Big step L back, Drag R towards L turning ⅛ left over 2 counts (3:00)

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- Tag 1** At the end of Wall 2, with Arms 1, and after Tag 2 at the end of Wall 6, with Arms 2  
**STEP, HOLD, ½ TURN, HOLD, FULL UNWIND, FWD, TOGETHER, HOLD**
- 1-3 Step R forward, Hold for 2 counts
- Arms** 1 Push R arm forward with palm facing forward like a “stop”  
2 Reach R arm forward with palm facing up
- 4-6 ½ turn left taking weight on L, Hold for 2 counts (12:00)
- Arms** 1 Cross arms in front of face with hands closed  
2 Reach R arm forward with palm facing up
- 1-3 Unwind a full turn right over 3 counts keeping weight on L
- Arms** 1 Keep arms crossed  
2 Place both hands crossed over your heart
- 4-6 Step R forward, Step L beside R, HOLD
- Arms** 1 Push both hands back and out like pushing yourself forward from something  
2 Keep hands on heart
- SIDE, BACK ROCK, SIDE, BACK ROCK, STEP, HOLD, ½ TURN**
- 1-3 Step R to side, Rock L behind R, Recover onto R
- Arms** 1 Push R arm out to side with palm facing forward like a “stop”  
2 Extend R arm to side with hand reaching for something, palm facing up
- 4-6 Step L to side, Rock R behind L, Recover onto L
- Arms** 1 Push L arm out to side with palm facing forward like a “stop”  
2 Extend L arm to side with hand reaching for something, palm facing up
- 1-3 Step R forward, Hold for 2 counts
- Arms** 1 Place L arm over chest, R hand on left side on L cheek, palm facing out  
2 Pull both arm in with elbows to body
- 4-6 ½ turn left taking weight on L over 3 counts (6:00)
- Arms** 1 Drag R hand fingers across throat from left to right
- Tag 2** At the end of Walls 5 and 6  
**BASIC FWD, BACK, DRAG**
- 1-3 Step R forward, Step L beside R, Step R beside L
- 4-6 Big step L back, Drag R towards L over 2 counts
- Ending** After 21 counts of second Tag 1 and add the following:
- 1-3 Step L forward, ½ turn left stepping R back, ½ turn left stepping L forward (12:00)
- 4 Step R forward, with arms hugging yourself (L hand on R side ribs, R hand on L shoulder)

