

## **Life Lesson**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Absolute Beginner Level Dance.

Choreographed by: Hayley Wheatley (UK) & Sophie Stevens (UK) Apr 2025

Choreographed to: Life by ConKi

Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3-4 5-6 Arms 7-8 Arms	VINE, TOUCH, DIAGONAL STEP, TOUCH, DIAGONAL BACK, TOUCH Step RF to R side, Step LF behind RF Step RF to R side Touch LF next to RF Step LF forward to L Diagonal, Touch RF next to LF Wave both arms R to L Step RF back to R Diagonal, Touch LF next to RF Wave both arms L to R
SEC 2 1-2 3-4 5-6 Arms 7-8 Arms	VINE, TOUCH, DIAGONAL BACK, TOUCH, STEP, BRUSH Step LF to L side, Step RF behind LF Step LF to L side Touch RF next to LF Step RF back to R Diagonal, Touch LF next to RF Wave both arms L to R Step LF forward, Brush RF Wave both arms R to L
SEC 3 1-2 3-4 5-6 7-8 SEC 4 1-2 3-4 5-6 7&8	ROCKING CHAIR, PIVOT ¼ TURN X2  Rock RF forward, Recover on L  Rock RF back, Recover on L  Step RF forward, ¼ turn to L, weight on LF (9:00)  Step RF forward, ¼ turn to L, weight on LF (6:00)  WEAVE, HEEL GRIND ¼ TURN, TOUCH, CLAP X2  Cross RF over LF, Step LF to LF side  Cross RF behind LF, Step LF to L side  Heel grind R ¼ turn to R, Recover on L (9:00)  Touch RF next to LF, Clap twice (&8

