



Spirit Free

A Dance For You And Me

68 Count 2 Wall Improver Level Dance.

Choreographed by: Urban Danielsson (SWE) Apr 2025

Choreographed to: Nitauimba Wimbo by Maombi Samson

Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 TOE STRUT, TOE STRUT, POINT, TOGETHER, POINT, TOGETHER

- 1-2 Step right toes forward, step down on right foot
- 3-4 Step left toes forward, step down on left foot
- 5-6 Point right to right side, step right next to left
- 7-8 Point left to left side, step left next to right

SEC 2 TOE STRUT, TOE STRUT, POINT, TOGETHER, POINT, TOGETHER

- 1-2 Step right toes forward, step down on right foot
- 3-4 Step left toes forward, step down on left foot
- 5-6 Point right to right side, step right next to left
- 7-8 Point left to left side, step left next to right

SEC 3 WEAVE, ¼ BACK, SIDE, FORWARD, BRUSH

- 1-2 Step right to right side, step left behind of right
- 3-4 Step right to right side, step left across in front of right foot
- 5-6 ¼ turn left step back on right, step left to left side (9:00)
- 7-8 Step right forward, brush left forward

SEC 4 STEP, TOUCH, BACK, TOUCH, STEP, TOUCH, BACK, TOUCH

- 1-2 Step left diagonal forward, touch right next to left and clap
- 3-4 Step right diagonal back, touch left and clap
- 5-6 Step left diagonal forward, touch right next to left and clap
- 7-8 Step right diagonal back, touch left and clap

Restart Here on Wall 7

SEC 5 LOCKSTEP FORWARD, BRUSH, STEP, PIVOT ¼ TURN, CROSS, HOLD

- 1-2 Step forward left, lockstep right behind of left
- 3-4 Step left forward brush right forward
- 5-6 Step right forward, ¼ turn left step left to left side
- 7-8 Step right across in front of left, hold (6:00)

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SEC 6 ½ RUMBA BOX FORWARD, BRUSH, LOCKSTEP FORWARD, BRUSH

- 1-2 Step left to left side, step right next to left
- 3-4 Step forward left, brush right forward
- 5-6 Step right forward, lockstep left behind of right
- 7-8 Step right forward, brush left forward

SEC 7 STEP, TOUCH, ¼ SIDE, TOUCH, STEP, TOUCH, ¼ SIDE, TOUCH

- 1-2 Step left diagonal forward, touch right next to left and clap
- 3-4 Turn ¼ right step right to right side, touch left next to right and clap (9:00)
- 5-6 Step left diagonal forward, touch right next to left and clap
- 7-8 Turn ¼ right step right to right side, step left next to right and clap (12:00)

SEC 8 MONTEREY ½ TURN, JAZZ BOX

- 1-2 Point right to right side, ½ turn right step right next to left
- 3-4 Point left to left side, step left next to right (6:00)
- 5-6 Step right across in front of left, step left foot back
- 7-8 Step right to right side, step left foot forward

SEC 9 STEP, FLICK, BACK, HOOK

- 1-2 Step right to right diagonal, flick left foot behind of right
- 3-4 Step left back to left diagonal, hook right foot over left shin

Ending After 30 counts of Wall 9

- 7-8 Step left foot forward, ¼ turn left step right foot to right side

