



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 CROSS ROCK SWEEP, BEHIND SIDE CROSS $\frac{1}{8}$, ROCK, BEHIND $\frac{3}{8}$ TURN STEP

- 1-2 Cross rock R slightly over L, recover back on L sweeping R to R side
3&4 Cross R behind L, step L to L side, cross R over L turning $\frac{1}{8}$ L (10:30)
5-6 Rock L fwd, recover back on R
7&8 Cross L behind R, turn $\frac{3}{8}$ R stepping R fwd, step L fwd (3:00)

SEC 2 STEP, $\frac{1}{2}$ PIVOT, FULL TURN, STEP BOUNCE $\frac{1}{2}$, COASTER STEP

- 1-2 Step R fwd, turn $\frac{1}{2}$ L stepping onto L (9:00)
3-4 Turn $\frac{1}{2}$ L stepping back on R, turn $\frac{1}{2}$ L stepping fwd on L (9:00)
5&6 Step R fwd, turn $\frac{1}{4}$ L lifting heels off the floor, turn $\frac{1}{4}$ L stepping heels down (3:00)
7&8 Step back on L, step R next to L, step fwd on L

SEC 3 WALK, WALK, $\frac{1}{4}$ JUMP TOGETHER, KNEE POP, SHUFFLE FWD, STEP $\frac{1}{2}$ PIVOT

- 1-2 Walk R fwd, walk L fwd
&3 Turn $\frac{1}{4}$ L jumping R a small jump to R side, step L next to R (12:00)
&4 Pop both knees fwd, step down of both feet again weight to L
5&6 Step R fwd, step L behind R, step R fwd
7-8 Step L fwd, turn $\frac{1}{2}$ R changing weight to R (6:00)

SEC 4 SHUFFLE, ROCK, BACK, SLIDE, BALL STEP, WALK

- 1&2 Step L fwd, step R behind L, step L fwd (6:00)
3-4 Rock R fwd, recover back on L (6:00)
5-6 Step a big step back on R, drag L towards R
Styling Open body to R diagonal (6:00)
&7-8 Step L next to R, step R fwd, walk L fwd

Restart Here on Wall 5

SEC 5 TOUCH & HEEL & TOUCH & HEEL, FWD, $\frac{1}{8}$ FLICK, SHUFFLE FWD

- 1&2& Touch R toes next to L, step back on R, touch L heel fwd, step down on L
3&4& Touch R toes next to L, step back on R, touch L heel fwd, step down on L
5-6 Step R fwd, turn $\frac{1}{8}$ R on R flicking L foot back (7:30)
7&8 Step L fwd, step R behind L, step L fwd

No Remorse
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No Remorse

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SEC 6 ROCK FWD SWEEP, BEHIND SIDE CROSS, LUNGE ¼ FWD, FULL TURN FWD

- 1-2 Rock R fwd, recover back on L sweeping R to R side
- 3&4 Cross R behind L, step L to L side, cross R over L
- 5-6 Lunge L to L side, recover onto R turning ¼ R (10:30)
- 7-8 Turn ½ R stepping back on L, turn ½ R stepping fwd on R

SEC 7 ROCK, BALL ROCK, SHUFFLE ½, STEP, ½ PIVOT

- 1-2& Rock L fwd, recover back on R, step L next to R
- 3-4 Rock R fwd, recover back on L
- 5&6 Turn ¼ R stepping R to R side, step L next to R, turn ¼ R stepping R fwd (4:30)
- 7-8 Step L fwd, turn ½ R stepping onto R (10:30)

SEC 8 CROSS, ⅜ BACK, SHUFFLE BACK, BACK ROCK, FULL TURN FWD

- 1-2 Cross L over R, turn ⅜ L stepping back on R (6:00)
- 3&4 Step back on L, step R next to L step back on L
- 5-6 Rock back on R, recover on L
- 7-8 Turn ½ L stepping back on R, turn ½ L stepping fwd on L sweeping R fwd (6:00)

