



Love And Hate

32 Count 4 Wall Low Improver Level Dance.
Choreographed by: Marianne Langagne (FR) Nov 2024
Choreographed to: Love and Hate by Annika Catharina
Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 TOUCH, HEEL FAN, COASTER STEP, TOE SCUFF STEP, TOE SCUFF STEP

- 1&2 R Ball Diagonally Fwd R, Pivot R Heel to the R, Return to Center
3&4 RF Back, LF Together, RF Fwd
5&6 L Point next to RF (Knee In), Scuff LF Fwd, LF fwd
7&8 R Point next to LF (Knee In), Scuff RF Fwd, RF fwd

SEC 2 STEP ½ TURN, TRIPLE FWD, STEP, DRAG, STEP, TOUCH

- 1-2 LF Fwd, ½ Turn R (weight on RF) (6:00)
3&4 LF Fwd, RF Together, LF Fwd
5-6 Large Step Diagonally Fwd R, Slide LF next to RF
7-8 Large Step Diagonally Fwd L, Touch RF next to LF

Restart Here on Walls 2 and 4, On Wall 2 dance the Tag then restart

SEC 3 KICK BALL CROSS, KICK BALL CROSS, SIDE ROCK, CROSS SHUFFLE

- 1&2 Kick RF, Ball R next to LF, Cross LF over RF
3&4 Kick RF, Ball R next to LF, Cross LF over RF
5-6 RF to the R, Recover on RF
7&8 Cross RF over LF, LF to the L, Cross RF over LF

SEC 4 ¾ TURN, TRIPLE FWD, HEEL SWITCHES & TOE & HEEL &

- 1-2 ¾ Turn R LF Back, ½ Turn R RF Fwd (3:00)
3&4 LF Fwd, RF Together, LF Fwd
5&6& R Heel Fwd, RF next to LF, L Heel Fwd, LF Together
7&8& R Toe next to LF, RF next to LF, L Heel Fwd, LF Together

Tag After 16 counts of Wall 2 and at the end of Wall 7

BOUNCES X 2

- 1-2 RF Fwd Tap R Heel, RF Fwd Tap R Heel

