



5 More Sleeps

48 Count 4 Wall Improver Level Dance.
Choreographed by: Michaela Bennetto (UK) Nov 2024
Choreographed to: One More Sleep by Leona Lewis
Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE

- 1-2 Cross rock right over left, recover weight on to left
- 3&4 Step right to right, step left beside right, step right to right
- 5-6 Cross rock left over right, recover weight on to right
- 7&8 Step left to left, step right beside left, step left to left

SEC 2 ROCK, COASTER STEP, ROCK, COASTER STEP

- 1-2 Rock right forward, recover weight on to left
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Rock left forward, recover weight on to right
- 7&8 Step left back, step right beside left, step left forward

SEC 3 STEP, ¼ PIVOT, STEP, ¼ PIVOT, CROSS, SIDE, REVERSE VAUDEVILLE

- 1-2 Step right forward, pivot ¼ left transferring weight onto left (9:00)
- 3-4 Step right forward, pivot ¼ left transferring weight onto left (6:00)
- 5-6 Cross right over left, step left to left
- 7&8& Step right behind left, step left to left, touch right heel forward, step right beside left

SEC 4 CROSS, ¼ BACK, COASTER STEP, ¼ JAZZBOX

- 1-2 Cross left over right, turn ¼ left step right back (3:00)
- 3&4 Step left back, step right beside left, step left forward
- 5-6 Cross right over left, turn ¼ right step left back (6:00)
- 7-8 Step right to right, step left forward

SEC 5 DOROTHY STEP, DOROTHY STEP, ROCK, BACK SHUFFLE

- 1-2& Step right forward to right diagonal, lock left behind right, step right forward to right diagonal
- 3-4& Step left forward to left diagonal, lock right behind left, step left forward to left diagonal
- 5-6 Rock right forward, recover weight on to left
- 7&8 Step right back, step left beside right, step right back

SEC 6 BACK X3, BACK HITCH, STEP, ¼ SIDE, HEEL, HOOK, HEEL

- 1-2 Step left back, step right back
- 3-4 Step left back, step right back hitching left knee
- 5-6 Step left forward, turn ¼ left step right to right (3:00)
- 7&8& Touch left heel forward, hook left over right, touch left heel forward, step left beside right

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Tag After 32 counts of Wall 7
HITCH, BACK, BACK SHUFFLE, SIDE, TOGETHER, BACK, TOUCH

- 1-2 Hitch right, step right back
- 3&4 Step left back, step right beside left, step left back
- 5-6 Step right to right, step left beside right
- 7-8 Step right back, touch left beside right

SIDE, TOGETHER, STEP, BRUSH, STEP, LOCK, STEP, HOLD

- 1-2 Step left to left, step right beside left
- 3-4 Step left forward, brush right forward
- 5-6 Step right forward, lock left behind right
- 7-8 Step right forward, hold

STEP, ¼ PIVOT, CROSS, HOLD, SIDE DRAG, BACK ROCK

- 1-2 Step left forward, pivot ¼ right transferring weight onto right
- 3-4 Cross left over right, hold
- 5-6 Step right to right dragging left towards right
- 7-8 Rock left back, recover weight on to right

SIDE DRAG, BACK ROCK, ¼ TURN FIGURE 8

- 1-2 Step left to left dragging right towards left
- 3-4 Rock right back, recover weight on to left
- 5-6 Turn ¼ left step right to right, step left behind right
- 7-8 Turn ¼ right step right forward, step left forward
- 1-2 Pivot ½ right transferring weight onto right, turn ¼ right step left to left
- 3-4 Step right behind left, step left to left

