

Slow Motion



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance.

Choreographed by: Stephanie Bijon (FR) Feb 2025

Choreographed to: Slow Motion by Marshmello, Jonas Brothers
Intro: 16 Counts. Start at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

| SEC 1 | STEP, STEP, ANCHOR STEP, ½ TURN, ½ TURN SWEEP, BEHIND SIDE CROSS |
|--|---|
| 1-2 | Step RF forward, Step LF forward |
| 3&4 | Step RF behind LF, Recover weight on LF, Step RF back |
| 5-6 | ½ turn L step LF forward, ½ turn L step RF back sweep LF from front to back |
| 7&8 | Cross LF behind RF, Step RF to R side, Cross LF over RF |
| SEC 2 | SWAY X4, CROSS, SIDE, BEHIND, SWEEP |
| 1-2 | Sway R to R side, Sway L to L side |
| 3-4 | Sway R to R side, Sway L to L side |
| 5-6 | Cross RF over LF, Step LF to L side |
| 7-8 | Cross RF behind LF with sweep LF from front to back on 2 counts (7-8 |
| Restart | Here on Wall 4, Cross LF behind RF on count 8 then restart |
| | |
| SEC 3 | BEHIND, SIDE, CROSS ROCK, 1/4 STEP, STEP, SHUFFLE |
| SEC 3 1-2 | BEHIND, SIDE, CROSS ROCK, ¼ STEP, STEP, SHUFFLE Step LF behind RF, Step RF to R side |
| | · |
| 1-2 | Step LF behind RF, Step RF to R side |
| 1-2 3-4 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF |
| 1-2 3-4 5-6 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF 1/4 turn L, step LF forward, Step RF forward (9:00) |
| 1-2 3-4 5-6 7&8 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF 1/4 turn L, step LF forward, Step RF forward (9:00) Step LF forward, Step RF behind LF, Step LF forward |
| 1-2 3-4 5-6 7&8 SEC 4 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF ¼ turn L, step LF forward, Step RF forward (9:00) Step LF forward, Step RF behind LF, Step LF forward PADDLE TURN ¼ X2, JAZZBOX |
| 1-2 3-4 5-6 7&8 SEC 4 1-2 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF 1/4 turn L, step LF forward, Step RF forward (9:00) Step LF forward, Step RF behind LF, Step LF forward PADDLE TURN 1/4 X2, JAZZBOX Step RF forward, Pivot 1/4 turn to L |
| 1-2 3-4 5-6 7&8 SEC 4 1-2 3-4 | Step LF behind RF, Step RF to R side Cross rock LF over RF, Recover on RF 1/4 turn L, step LF forward, Step RF forward (9:00) Step LF forward, Step RF behind LF, Step LF forward PADDLE TURN 1/4 X2, JAZZBOX Step RF forward, Pivot 1/4 turn to L Step RF forward, Pivot 1/4 turn to L |

