



Remember to Vote for your favourite dances in the Linedancer Charts.

Choreographers Note: Start with RF crossed over L for count 1 ready to continue from count 2

SEC 1 CROSS, SIDE ROCK, RECOVER $\frac{1}{4}$, $\frac{7}{8}$ SPIRAL RIGHT, $\frac{3}{8}$ RUN ROUND SWEEP, CROSS, SIDE, $\frac{1}{8}$ BACK MAMBO

- 1-2& Cross R over L, Side rock L to left, Make $\frac{1}{4}$ right Recover R (3:00)
3 Step fwd on L and Spiral $\frac{7}{8}$ right (1:30)
4&5 $\frac{1}{8}$ right stepping fwd R, $\frac{1}{8}$ right stepping fwd L, $\frac{1}{8}$ right stepping RF fwd and sweeping LF around back to front (6:00)
6-7 Cross L over R, Step Side R
8&1 Rock back $\frac{1}{8}$ left L, Recover fwd R, Step fwd L (4:30)

SEC 2 FWD MAMBO HITCH TURN $\frac{1}{8}$, WEAVE, $\frac{1}{2}$ UNWIND, CROSS, REVERSE ROLLING TURN

- 2&3 Rock fwd R, Recover L, Step back R hitching L knee up making a $\frac{1}{8}$ left (3:00)
4&5, Cross L behind R, Step Side R, Cross L over R
6-7 Unwind $\frac{1}{2}$ turn R (weight R), Cross L over R (9:00)

Restart Here on Wall 7 dance the Bridge then the Tag then restart

- 8&1 $\frac{1}{4}$ left stepping back R, $\frac{1}{2}$ left stepping fwd L, $\frac{1}{4}$ left stepping side R

SEC 3 CLOSE, CROSS, WEAVE, $\frac{1}{8}$ HITCH, ROCK, BALL BACK

- 2-3 Close L next to R, Cross R over L
4&5 Step Side L Cross R behind L, Step Side L
6-7 $\frac{1}{8}$ left Cross R over L Hitching L knee and reaching R arm upwards, Rock Fwd L (7:30)
8 Recover R

Note Small half beat pause here on walls 3, 5, 7 and 8

&1 Step L next to R, Step back R

Arms On walls 3, 5, 7 and 8, raise arm again bidding a small circular "adieu" with the hand

SEC 4 $\frac{1}{8}$ BACK, $\frac{1}{4}$ FWD, $\frac{1}{2}$ TURN SWEEP COLLECT, FWD, SWAY X3 DRAG, BALL STEP

- 2-3 $\frac{1}{8}$ right Step back L, $\frac{1}{4}$ right stepping fwd R (12:00)
4-5 Step weight onto RF while sweeping LF out, collecting it beside R and making a $\frac{1}{2}$ right Step Fwd L (6:00)
6-7-8& Sway right, Sway left, Sway right dragging L to R, Step L next to R

Tag At end of walls 3, 5, after the bridge on Wall 7

WALK, WALK, LUNGE, $\frac{1}{8}$ CROSS ROCK, BACK SWEEP, BACK SWEEP, BACK, HOOK

- 1-2-3 Fwd R, Fwd L, Lunge R to right side
Arms On lunge Sweep R arm over head in a circle from front to back like a big halo
4-5 Recover L, $\frac{1}{8}$ left Rock R over L (4:30)
Arms R hand to heart, L hand cross over R drop arms for back sweeps
6-7-8 Back L Sweep R, Back R Sweep L, Back L Hook R

Save Myself
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Save Myself

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Bridge After 15 counts of Wall 7

CROSS ROCK, BALL BACK, BACK 1/8, 1/2 TURN SWEEP COLLECT, FWD, SWAY X3 DRAG, BALL STEP

7-8& 1/8 right Cross rock L over R, Recover on R, Step L next to R (10:30)

1-2-3 Step back R Step back L, 1/8 right stepping fwd R (12:00)

4-5 Step weight onto RF while sweeping LF out, collecting it beside R and making a 1/2 right Step Fwd L (6:00)

6-7-8& Sway right, Sway left, Sway right dragging L to R, Step L next to R

Ending At the end of Wall 8

WALK, WALK, LUNGE, 1/8 CROSS ROCK, BACK SWEEP, BACK SWEEP, BACK, HOOK

1-2-3 Fwd R, Fwd L, Lunge R to right side

Arms On lunge Sweep R arm over head in a circle from front to back like a big halo

4-5 Recover L, 1/8 left Rock R over L (4:30)

Arms R hand to heart, L hand cross over R drop arms for back sweeps

6-7-8 Back L Sweep R, Back R Sweep L, Back L Hook R

SWAYS

1-2 Step RF down swaying L Sway right, Sway left

3-4 Sway right dragging L to R, Step L next to R

WALK, WALK, LUNGE, 1/8 CROSS ROCK, BACK SWEEP, BACK SWEEP, BACK, HOOK

1-2-3 Fwd R, Fwd L, Lunge R to right side

Arms On lunge Sweep R arm over head in a circle from front to back like a big halo

4-5 Recover L, 1/8 left Rock R over L (4:30)

Arms R hand to heart, L hand cross over R drop arms for back sweeps

6-7-8 Back L Sweep R, Back R Sweep L, Back L Hook R

STEP 1/2 PIVOT, 1 1/2 TURN, BACK SWEEP, BACK SWEEP, POSE

1-2 Step fwd R, 1/2 pivot left on L (6:00)

3&4 1/2 left stepping back R, 1/2 left stepping fwd L 1/2 left stepping back R (12:00)

5-6-7 Step Back L sweep R, Step Back R sweep L Step Back L

8 Pose, bending knees slightly and put hands on heart for "love myself"

