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SEC 1 BACK, BACK, SAILOR ¼ TURN, ANCHOR STEP, BACK POP, BACK POP

- 1-2 Step back left, Step back right
3&4 Step left behind right, Step right to right, Step left ¼ left (9:00)
5&6 Step right foot behind left in 3rd position, put weight on left, put weight on right
7-8 Step back left popping right knee, Step back right popping left knee

SEC 2 COASTER STEP, STEP, ¼ CROSS, BALL CROSS X3, UNWIND ½

- 1&2 Step back on left, step right next to left, step forward on left
3&4 Step forward on right, ¼ pivot left, cross right over left (6:00)
&5&6 Step left to left, cross right over left, step left to left, cross right over left
&7-8 Step left to left, cross right over left, unwind ½ left weight ending on left foot (12:00)

SEC 3 SAMBA, SAMBA, MAMBO FORWARD, MAMBO BACK TOUCH

- 1&2 Cross right over left, rock left to left, recover on right
3&4 Cross left over right, rock right to right, recover on left
5&6 Rock forward on right, recover on left, Step right in place
7&8 Rock back on left, recover on right, touch left in place

SEC 4 BACK SWEEP, BACK SWEEP, COASTER, ½ PIVOT TURN, ½ PIVOT TURN

- 1-2 Step back on left sweeping right front to back, Step back on right sweeping left front to back
3&4 Step back on left, step right together, step forward on left
5-6 Step forward right, Pivot ½ turn left (6:00)
7-8 Step forward right, Pivot ½ turn left (12:00)

SEC 5 HEEL CROSS SIDE CROSS HITCH CROSS, BALL ROCK ¼ TURN, SHUFFLE

- 1-2 Cross right heel over left, Place right heel to right side
3&4 Cross right heel over left, hitch right knee, cross right heel over left
&5-6 Put weight on right, rock left to left, recover weight onto right turning ¼ turn right (3:00)
7&8 Step forward left, step right together, step left foot forward

SEC 6 MAMBO, BACK SWEEP, BACK SWEEP, COASTER, ½ PIVOT TURN

- 1&2 Rock weight forward on right, recover on left, step right together
3-4 Step back on left sweeping right front to back, Step back on right sweeping left front to back
5&6 Step back on left, step right together, step forward on left
7-8 Step forward right, Pivot ½ turn left (9:00)

Strut

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Strut

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SEC 7 HEEL CROSS SIDE CROSS HITCH CROSS, BALL ROCK ¼ TURN, SHUFFLE

- 1-2 Cross right heel over left, Place right heel to right side
- 3&4 Cross right heel over left, hitch right knee, cross right heel over left
- &5-6 Put weight on right, rock left to left, recover weight onto right turning ¼ turn right (12:00)
- 7&8 Step forward left, step right together, step left foot forward

SEC 8 MAMBO, COASTER, HIP BUMPS ½ TURN, HIP BUMPS ¼ TURN

- 1&2 Rock forward on right, recover on left, Step right in place
- 3&4 Step left foot back, step right foot together, step left foot forward
- 5&6 Bump right hip forward turning ¼ left, bump hip left, bump hip right turning ¼ turn left (6:00)
- &7&8 Put weight on left, Bump right hip forward turning ¼ turn left, bump hip left, bump hip right (9:00)

SEC 9 SAILOR, SAILOR ¼ TURN, ½ PIVOT TURN, FORWARD COASTER

- 1&2 Step right behind left, step left to left, step right to right
- 3&4 Step left behind right, Step right to right, Step left ¼ left (12:00)
- 5-6 Step forward right, pivot ½ left (6:00)
- 7&8 Step forward right, step left together, step back right

