



I Had Some Help

32 Count 4 Wall Absolute Beginner Level Dance.
Choreographed by: Stephen McKenna (UK) & Lesley McKenna (UK) Oct 2024
Choreographed to: I Had Some Help by Post Malone & Morgan Wallen
Intro: 32 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 HEEL, TOGETHER, HEEL, TOGETHER, TOE, TOUCH, TOE, TOGETHER

- 1-2 Touch R heel forward, step R next to L
- 3-4 Touch L heel forward, step L next to R
- 5-6 Touch R toe to R side, touch R next to L
- 7-8 Touch R toe to R side, step R next to L

SEC 2 HEEL, TOGETHER, HEEL, TOGETHER, TOE, TOUCH, TOE, TOUCH

- 1-2 Touch L heel forward, step L next to R
- 3-4 Touch R heel forward, step R next to L
- 5-6 Touch L toe to L side, touch L next to R
- 7-8 Touch L toe to L side, touch L next to R

Restart Here on wall 4, On count 8 Step L next to R

SEC 3 GRAPEVINE, GRAPEVINE

- 1-2 Step L to L side, step R behind L
- 3-4 Step L to L side, touch R next to L
- 5-6 Step R to R side, step L behind R
- 7-8 Step R to R side, touch L next to R

SEC 4 STEP ¼, HITCH, BACK, HITCH, WALK X3, TOUCH

- 1-2 Make ¼ L stepping slightly forward L, hitch R knee (9:00)
- 3-4 Step slightly back R, hitch L knee
- 5-6 Walk forward L, walk forward R
- 7-8 Walk forward L, touch R next to L

