



Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, B, B, Tag 1, A, A, B, B, Tag 1, Tag 2, A, A, B, B, Tag 1, A

Part A

SEC 1 TOUCH FWD, HEEL TWIST, HOOK, POINT FWD, FLICK, STOMP FWD, TRIPLE FWD, STEP ½ TRUN

- 1&2 Right ball fwd, swivel right heel to the right, recover right heel in center
&3 Hook right cross over left leg, Touch right toe fwd
&4 Flick right diagonally back, right Stomp fwd
5&6 Triple step left right left fwd
7-8 Right step fwd, Turn ½ left (ending weight on left) (6:00)

SEC 2 TOUCH FWD, HEEL TWIST, HOOK, POINT FWD, FLICK, STOMP FWD, TRIPLE FWD, STEP ½ TRUN

- 1&2 Right ball fwd, swivel right heel to the right, recover right heel in center
&3 Hook right cross over left leg, Touch right toe fwd
&4 Flick right diagonally back, right Stomp fwd
5&6 Triple step left right left fwd
7-8 Right step fwd, Turn ½ left (ending weight on left) (12:00)

SEC 3 HEEL & TOUCH & HEEL & HEEL & TOUCH & HEEL & SIDE POINT, CLAP CLAP

- 1&2 Right heel fwd, recover on right, Touch left toe just behind right
&3&4 Recover on left, Right heel fwd, Recover on right, Left heel fwd
&5&6 Recover on left, Touch right toe just behind left, Recover on right, Left heel fwd
&7&8 Recover on left, Point right toe to right side, Clap Clap

SEC 4 JUMP DIAG, BOUNCE, JUMP DIAG, BOUNCE, JUMP DIAG BACK, BOUNCE, JUMP DIAG BACK, BOUNCE

- &1&2 Little jump diagonally right fwd both feet together, lift both heels, drop both heels
&3 Little jump diagonally left fwd both feet together, lift both heels, drop both heels
&5 Little jump diagonally right back both feet together, lift both heels, drop both heels
&7 Little jump diagonally left back both feet together, lift both heels, drop both heels

Part B

SEC 1 SIDE ROCK, BEHIND, SIDE, HEEL GRIND, ROCK BACK

- 1-2 Rock step right to right side, recover on left
3-4 Right cross behind left, left to left
5-6 Grind right heel fwd and swivel right toe to the right, recover on left to left side
7-8 Rock back on right, recover on left



Irish Bowing

Continued... Page 2 of 2

SEC 2 HEEL GRIND ¼ TURN, BACK ROCK, HEEL GRIND ¼ TURN, BACK ROCK

- 1-2 Grind right heel and swivel right toe to the right ¼ turning right, recover on left
3-4 Rock back on right, recover on left
5-6 Grind right heel and swivel right toe to the right ¼ turning right, recover on left
7-8 Rock back on right, recover on left (6:00)

SEC 3 STEP, SCUFF, STEP, SCUFF, STEP ½ TURN, SCUFF, STOMP, STOMP

- 1-2 Right step fwd, Scuff left
3-4 Left step fwd, Scuff right
5-6 Right step fwd, Turn ½ left and recover weight on left (12:00)
7&8 Scuff right, Stomp right in place, Stomp left next to right

SEC 4 STEP, SCUFF, STEP, SCUFF, STEP ½ TURN, SCUFF, STOMP, STOMP

- 1-2 Right step fwd, Scuff left
3-4 Left step fwd, Scuff right
5-6 Right step fwd, Turn ½ left and recover weight on left (6:00)
7&8 Scuff right, Stomp right in place, Stomp left next to right

Tag 1

JAZZ BOX

- 1-2 Right cross over left, left step back
3-4 Right to right, left step fwd

Tag 2

JUMP SIDE & TOUCH, HOLD, ROCK, SIDE ROCK, BACK ROCK

- &1-2 Little jump to right side & Touch left next to right, Hold
Option Style Stretch out 2 arms towards the left at shoulder height, looking to the left
3-4 Rock step left fwd, recover on right (return with arms at your sides)
5-6 Rock step left to left side, recover on right
7-8 Rock back on left, recover on right

JUMP SIDE & TOUCH, HOLD, ROCK, SIDE ROCK, BACK ROCK

- &1-2 Little jump to right side & Touch left next to right, Hold
Option Style Stretch out 2 arms towards the left at shoulder height, looking to the left
3-4 Rock step left fwd, recover on right (return with arms at your sides)
5-6 Rock step left to left side, recover on right
7-8 Rock back on left, recover on right

