

## **Semowah Cha Ab**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Absolute Beginner Level Dance.
Choreographed by: Winnie Yu (CAN) Sept 2024
Choreographed to: Shen Me Hua (Semowah) by Gean Lim
Intro: 16 Counts. Start at approx 8 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	CHASSE, BACK, RECOVER, L CHASSE, BACK, RECOVER
1&2	Step R to R side, Step L next to R, Step R to R Side
3-4	Rock back on L, recover weight onto R
5&6	Step L to L side, Step R next to L, Step L to L Side
7-8	Rock back on R, recover weight onto L
SEC 2	VINE, TOUCH, VINE, TOUCH
1-2	Step R to R side, Cross L behind R
3-4	Step R to R side, Touch L beside R
5-6	Step L to L Side, Cross R behind L
7-8	Step L to L side, Touch R beside L
SEC 3	WALK, WALK, ¼ SHUFFLE, WALK, WALK, ¼ SHUFFLE
1-2	Walk forward R, Walk forward L
3&4	Make a ¼ turn R stepping R forward, Step L next to R, Step forward on R (3:00)
5-6	Walk forward L, Walk forward R
7&8	Make a ¼ turn R & stepping L forward, Step R next to L, Step forward on L (6:00)
SEC 4	ROCKING CHAIR X 2
1-2	Rock forward on right, recover onto left
3-4	Rock back on right, recover onto left
5-6	Rock forward on right, recover onto left
7-8	Rock back on right, recover onto left
Option	
5-6	Step Fwd R, Pivot ½ L
7-8	Step Fwd R, Pivot ½ L

