



Choco-Choco

Phrased, intermediate level

Choreographer: Carole Daugherty (USA) Sept 2004
Choreographed to: Chocolate (Choco-Choco) by Soul
Control, CD Single or The Dome Summer 2004
(155 bpm)

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Intro: Begin after 40 cts with lyrics Un, Dos, Un, Dos, Tres

Note: Level derived from Phrasing & Tempo. Basic steps are used with HEAVY repetition. Dance is lyrically driven with distinct musical cues for phrasing sequence.

It's MUCH easier than it appears on paper - Honest!

Arm movements are only suggestions, do what feels comfortable.

Play with the intro lyrics and have fun!

Sequence: A, B, C, D, D, B, C, D, D, E, A, C, Ds until end

Begin after 40 cts with lyrics Un, Dos, Un, Dos, Tres

PART A: One Wall, Only Done Facing 12:00 (Intro & Tag ~ LYRICS: Un, Dos, Un, Dos, Tres)

1-8 Toe Presses w/ Knee Rolls: Slow R,L, Fast: R,L, Slow R

1-4 Travelling slightly fwd: Press right toes into floor (1) Set right heel down rolling right knee out (2) Press left toes into floor (3) Set left heel down rolling left knee out (4)

5,6 Step right rolling right knee (5) Step left rolling left knee (6)

7,8 Press right toes into floor (7) Roll right knee out keeping weight left (8)

Arm Movement Option: Count lyric numbers on fingers, or count along out loud

PART B: One Wall, Only Done Facing 12:00 (Verse 1 ~ LYRICS: Mama & Papa, Girls & Boys)

1-8 Zig-Zag w/Arms: Fwd Right, Touch Left, Roll, Back Left, Touch Right, Toe Splits

1,2,3&4 Step right foot to right fwd diagonal (1) Touch left toes next to right (2) Bend slightly fwd and wind both fists in front of chest while rolling hips (3&4)

5,6,7&8 Step left foot back to left diagonal (5) Step right heel next to left (6) Split both toes out (7) Center toes of both feet, weight left (8) while opening palms at elbows out to sides, then bring arms in.

9-16 ½ Turn Right, Hold, ½ Turn Right, Hold, Step Back R, L, Step Fwd R, L

1,2,3,4 Step fwd on right turning ½ right (1) Hold (2) Step back on left turning ½ right (3) Hold (4)

5,6,7,8 Step back w/ right (5) Step left together (6) Step fwd w/ right (7) Step left together (8)

The next 16 cts almost identically repeat the above 16 cts, but altered slightly with lyrics.

17-24 Zig-Zag w/Arms: Fwd Right, Touch Left, Bounces, Back Left, Touch Right, Bounces

1,2,3&4 Step right foot to right fwd diagonal (1) Touch left toes next to right (2) Bounce both heels while making "Give me" gesture with fingers on both hands (3&4)

5,6,7&8 Step left foot back to left diagonal (5) Touch right toes next to left (6) Bounce both heels while making "Muscle Man" gesture with both arms (7&8)

25-32 ½ Turn Right, Hold, ½ Turn Right, Hold, Step Back R, L, Step Fwd R, L

1,2,3,4 Step fwd on right turning ½ right (1) Hold (2) Step back on left turning ½ right (3) Hold (4)

5,6,7,8 Step back w/ right (5) Step left together (6) Step fwd w/ right (7) Step left together (8)

PART C: One Wall, Only Done Facing 12:00 (Chorus 1 ~ LYRICS: Clap, Clap, Slap, Slap)

1-32 Modified ¼ Left Turning Rhumba Box w/ Claps & Slaps: Repeated 3 Times

1-4 Step right foot to right side (1) Step left foot next to right (2) Step back on right foot (3) Touch left toes next to right foot (4)

5-8 Step left foot to left side (5) Step right foot next to left (6) Step left foot fwd ¼ turn left (7) Touch right toes next to left foot (8)

9-32 Repeat ¼ Left Turning Rhumba Box Pattern 3 more times. All 4 Box Patterns Turn 360 Left

Arm Movement Option: With lyrics, Clap both hands (3,4) Slap or brush both thighs with matching hand, back then fwd (7,8) Or try clapping & slapping in different places. For ex. Clap above shoulders, Slap forearms, etc...

PART D: Two Walls, Done Facing 12:00 and 6:00 (Chorus 2 ~ LYRICS: Chocolate, Choco, Choco)

1-8 Right Shuffle Fwd, Left Points: Fwd, Back, Side, Hitch, Touch & Bumps
1&2,3,4 Shuffle fwd: Right (1) Left (&) Right (2) Touch left toes fwd (3) Touch left toes back (4)
5,6,7&8 Touch left toes left (5) Hitch left knee (6) Touch left next to right while bumping hips right (7)
Bump hips left (&) Bump hips right (8)

9-16 Left Shuffle fwd, Right Points: Fwd, Back, Side, Hitch, Touch & Bumps

1&2,3,4 Shuffle fwd: Left (1) Right (&) Left (2) Touch right toes fwd (3) Touch right toes back (4)
5,6,7&8 Touch right toes right (5) Hitch right knee (6) Touch right toes next to left while bumping hips left (7) Bump hips right (&) Bump hips left (8)

17-24 Side-Together, ¼ Right Swivel – Repeated 3 More Times

&1,2 Step right foot out to right side (&) Step together w/ left, or left fwd across right (1) Swivel ¼ right taking weight left (2)
&3-8 Repeat cts &1,2, three more times: (&3,4) (&5,6) (&7,8) All 4 sets of the pattern turn 360 right.

25-32 Switch-Point-Hold, Left ½ Turn-Point-Hold, Small Steps Traveling Back w/ Arm Options

&1,2 Hop/Step on ball of right foot (&) Point left toes out left (1) Hold (2)
Arm Movement Option: Cross both arms in front of body (1) then raise arms out to side (2)
&3,4 Step left turning ½ left (&) Point right toes right (3) Hold (4)
Arm Movement Option: Cross both arms in front of body (3) then lower both arms out to side (4)
&5 Step slightly back on ball of right (&) Step slightly back on left foot (5)
&6&7&8 Repeat small steps moving back: Right (&) Left (6) Right (&) Left (7) Right (&) Left (8)
Arm Movement Option: Raise both arms crossing body, then lower both arms to sides while traveling slightly back
Step Option: When you hear “Un, Dos, Tres”, during cts 29-32 of this pattern, modify the small steps back to those used in Part A for cts (5,6,7,8) This also cues the change in patterns from D to B, and from D to E.

Part E: One Wall, Only Done Facing 12:00 (Verse 2 ~ Lyrics: Wave To The People)

1-24 Slow Pivots w/ Waves To The Left, Waves To The Right, Wave w/ Backside
1-8 Step right foot fwd (1) Slow pivot ½ left on balls of both feet, while waving both hands fwd CCW over left shoulder to take weight left (2-8)
9-16 Step right foot fwd (1) Slow pivot ½ left on balls of both feet, while waving both hands back CW over right shoulder to take weight left (2-8)
17-24 Step fwd on right foot (1) Bend fwd to slowly unwind ½ left (2-8) “Wave with your pretty backside”
Arm Movement: Allow arms to match hip movement or place hands on hip, thighs, etc.

25-32 “Do It All Again” Repeat the Above 24 cts, FASTER using 8 cts

25-32 Step fwd right (1) Pivot ½ left w/ arms (2) Step fwd right (3) Pivot ½ left w/ arms (4) Bend fwd to unwind ½ left to rise upright (5-8)

Dance through ct 20 (1/4 right swivels) of section D to finish facing front