



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 KICK-BALL-CHANGE, STOMP, CLAP, KICK-BALL-CHANGE, STOMP, CLAP

- 1&2 Kick forward with right, step right beside left, place ball of left forward
3-4 Step right forward, clap
5&6 Kick forward on Left, step left beside right, place ball of right forward
3-4 Step left forward, clap

SEC 2 SHUFFLE FORWARD, ROCK STEP FORWARD, SHUFFLE BACK, ROCK BACK

- 1&2 Step right forward, step left beside right, step right forward
3-4 Rock forward on left, recover back on right
5&6 Step left back, step right beside left, step left back
7-8 Rock back on right, recover forward on left

SEC 3 STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

- 1-2 Step right forward to right diagonal, slide left behind right
3&4 Step right forward to right diagonal, step left beside right, step right forward to right diagonal
5-6 Step left forward to left diagonal, slide right behind left
7&8 Step left forward to left diagonal, step right beside left, step left forward to left diagonal

SEC 4 HIP BUMPS, HIP SWAYS

- 1&2 Bump right hip diagonally forward, bump left hip diagonally back, bump right hip diagonally forward
3&4 Bump left hip diagonally back, bump right hip diagonally forward, bump left hip diagonally back
5-8 Sway hips right, sway hips left
7-8 Sway hips right, sway hips left

SEC 5 CROSS, POINT, CROSS, POINT, SYNCOPATED JAZZ BOX ¼ TURN, SIDE

- 1-2 Cross right over left, point left out to side
3-4 Cross left over right, Point right out to side
5-6 Cross right over left, step back on left making ¼ turn right (3:00)
&7-8 Step on ball of right, step left over right, step right to right side

SEC 6 SAILOR STEP, SAILOR HEEL JACK, CROSS, SIDE, HEEL TWIST

- 1&2 Cross left behind right, step right to right side, step left in place
3& Cross right behind left, step left to left side
4& Touch right heel forward, step right back beside left
5-6 Cross left over right, step right to right side
7-8 Twist left heel to right, twist left toes to right with weight ending on left

