



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 FORWARD, TOUCH, FORWARD, TOUCH, SHUFFLE BACK X2

- 1-2 Right foot diagonally forward, Touch Left next to Right
- 3-4 Left foot diagonally forward, Touch Right next to Left
- 5&6 Right foot back, Left next to Right, Right foot back
- 7&8 Left foot back, Right next to left, Right foot back

SEC 2 TOE, HEEL AND PRISSY WALK, TOE, HEEL AND PRISSY WALK

- 1-2& Right toe next to Left, Right heel next to Left, Right foot down
- 3-4 Prissy Walk Left over Right, Prissy Walk Right over Left
- 5-6& Left toe next to Right, Left heel next to Right, Left foot down
- 7-8 Prissy Walk Right over Left, Prissy Walk Left over Right

SEC 3 CROSS ROCK, CHASSE ¼, CROSS, SIDE, SAILOR ½

- 1-2 Cross Rock Right over Left, Recover onto Right
- 3&4 Right to Right side with ¼ turn, Left next to Right, Right to Right side (3:00)
- 5-6 Cross Left over Right, Right to Right side
- 7&8 Left behind Right with ¼ turn Left, Right to Right side, Left to Left side with ¼ Left (9:00)

SEC 4 TOE STRUT, TOE STRUT, JAZZBOX

- 1-2 Right toes down, Right foot forward
- 3-4 Left toes down, Left foot forward
- 5-6 Right cross over Left, Left foot back
- 7-8 Right to Right side, Step Left next to Right (Weight on L)

Restart Here on Wall 5

SEC 5 SIDE, TOGETHER, SHUFFLE, HIP BUMPS

- 1-2 Right to Right side, Left next to Right
- 3&4 Right foot forward, Left next to Right, Right foot forward
- 5-6 Bump Hip Left, Bump Hip Right
- 7-8 Bump Hip Left, Bump Hip Right

That Is What You Are
Continues... Page 1 of 2



That Is What You Are

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SEC 6 SIDE, TOGETHER, SHUFFLE BACK, HIP BUMPS X4

- 1-2 Left to Left side, Right next to Left
- 3&4 Left foot back, Right next to left, Right foot back
- 5-6 Bump Hip Right, Bump Hip Left
- 7-8 Bump Hip Right, Bump Hip Left

Restart Here on Walls 2 and 4

SEC 7 CROSS ROCK, SHUFFLE ¼, STEP, ½, WALK X2

- 1-2 Cross Rock Right Over Left, Recover onto Left
- 3&4 ¼ Right Right foot forward, Left next to Right, Right foot forward (12:00)
- 5-6 Step forward on Left foot, ½ turn Right (6:00)
- 7-8 Walk forward Left, Walk forward Right

SEC 8 MAMBO, BACK, BACK, COASTER, SYNCOPATED V-STEP

- 1&2 Left foot forward, Right foot back, Left foot back
- 3-4 Walk back Right, Walk back Left
- 5&6 Right foot back, Left foot back, Right foot forward
- &7&8 Left foot out, Right foot out, Left foot in, Right foot in (Weight on L)

