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# **Double Life**

32 Count 4 Wall High Beginner Level Dance. Choreographed by: Aurora De Jong (NL) Jul 2024 Choreographed to: Double Life by Pharrell Williams Intro: 16 Counts. Start at approx 8 secs.

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# SEC 1 ROCKING CHAIR, TOE STRUT HIP BUMPS, TOE STRUT HIP BUMPS

- 1-2 Rock R forward, recover to L
- 3-4 Rock R back, recover to L
- 5-6 Step R toe forward bumping R hip right, Step down on R heel
- 7-8 Step L toe forward bumping L hip to left, Step down on L heel

### SEC 2 STEP, STAR PATTERN, SIDE, TOUCH BEHIND, BOUNCE UNWIND 1/2

- 1 Step R forward
- 2-4 Point L toe forward, point L toe to left side, point L toe back
- 5-6 Step L to left, touch R toe behind L
- 7-8 Bounce L heel up and down turning ¼ right, bounce L up and down turning ¼ right (6:00

### SEC 3 CROSS POINT, CROSS POINT, ¼ JAZZ BOX CROSS

- 1-2 Step R forward and across L, point L to left
- 3-4 Step L forward and across R, point R to right
- 5-6 Step R forward and across L 5), step L back making 1/4 turn right (9:00
- 7-8 Step R to right, step L across R

### SEC 4 SIDE, HEEL, TOGETHER, TOGETHER, HOLD, BACK, BACK, COASTER STEP

- &1-2 Step R to right, extend L heel forward to the left diagonal, hold
- &3-4 Step L to home, return R to home, hold
- 5-6 Step L back, Step R back
- 7&8 Step L back, step R back to L, step L forward

Tag 1 At the end of Wall 3

### POINT, REPLACE, POINT, REPLACE

- 1-2 Point R to right side, Step R to L
- 3-4 Point L to left side, Step L to R
- Tag 2At the end of Wall 10

Arms

- 1-2 Extend right arm to right, hold
- 3-4 Extend left arm to left, hold (you're choosing sides!
- 5-7 Slowly bring arms overhead over 2 counts
- 8 Drop arms and get ready to begin Wall 11

Ending After 30 counts of Wall 11, 1/4 left sailor step



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