



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com.

Hands In The Mud

32 Count 2 Wall Intermediate Level Dance. Choreographed by: Niels Poulsen (DK) Jul 2024 Choreographed to: Revolution by Seibold and Garrison Starr Intro: 16 Counts. Start at approx 13 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCK FWD, FULL TRIPLE TURN, ¾ SIDE TOGETHER, KNEE POP, BALL STEP, HEEL SWIVELS 1-2 Rock R fwd, recover back on L 3&4 Turn $\frac{1}{2}$ R stepping R fwd, turn $\frac{1}{2}$ R stepping L next to R, step R fwd (12:00) &5&6 Turn 3 R stepping L to L side, step R next to L, pop both knees fwd, step both feet down weight on R (4:30) &7&8 Step L fwd, step R fwd, swivel both heels out R, return heels back to neutral ending with weight on L (4:30) SEC 2 BALL STEP 1/2 PIVOT, 1/8 BALL CROSS, 1/4 FWD, 1/4 JUMP TOGETHER, CROSS, SYNCOPATED VINE &1-2 Step R next to L, step L fwd, turn ½ R stepping R fwd (10:30) &3-4 Turn ¹/₈ R stepping L to L side, cross R over L, turn ¹/₄ L stepping L fwd (9:00) &5-6 Turn ¼ L jumping R to R side, step L next to R, cross R over L (6:00) &7-8 Step L to L side, cross R behind L, step L to L side sweeping R fwd SEC 3 CROSS ROCK, SIDE ROCK, BEHIND, BEHIND SIDE, CROSS ROCK, SIDE ROCK, BEHIND, BEHIND ¼ FWD 1&2& Cross rock R over L, recover on L, rock R to R side, recover on L 3-4& Cross R behind L sweeping L to L side, cross L behind R, step R to R side 5&6& Cross rock L over R, recover on R, rock L to L side, recover on R 7-8& Cross L behind R hitching R knee, cross R behind L, turn ¼ L stepping L fwd (3:00) SEC 4 ROCK FWD, 1/2 STEP, ROCK FWD, 1/4 FWD, STEP, FULL TURN, BACK, BACK ROCK 1-2& Rock R fwd, recover back on L, make ¹/₂ turn R stepping R fwd (9:00) 3-4& Rock L fwd, recover back on R, make ¹/₄ turn L stepping L fwd & to L side (6:00) 5-6& Step R fwd, turn ½ L stepping L fwd, turn ½ L stepping R back (6:00) Step back on L, rock back on R, recover onto L 7-8& On Wall 5 Change last 4 count of Dance to the following then restart Note 5-8 Step R to R side tapping R heel into floor Arms Spread arms out from waist, move arms out to sides and up over head, place R hand on top of L with palms facing out Tag At the end of Wall 1 and 3 ROCK FWD, FULL TURN, BACK ROCK RECOVER, STEP 1/2 PIVOT, WALK 1-2 Rock R fwd, recover on L starting to sweep R out to R side 3-4 Turn ½ R stepping R fwd, turn ½ R stepping L back 5-6 Rock back on R, recover onto L &7-8 Step R fwd, turn 1/2 L stepping onto L, walk R fwd ROCK FWD, FULL TURN, BACK ROCK RECOVER, STEP 1/2 PIVOT, WALK 1-2 Rock L fwd, recover back on R starting to sweep L out to L side 3-4 Turn 1/2 L stepping L fwd, turn 1/2 L stepping R back 5-6 Rock back on L, recover fwd onto R &7-8 step L fwd, turn 1/2 R stepping onto R, walk L fwd SIDE HEEL TAPS, ARMS 1-4 Step R to R side tapping R heel into floor Arms Spread arms out from waist, move arms out to sides and up over head, place R hand on top of L with palms facing out

Ending Finish wall 6 Step R to R side stretching R arm up with R hand fisted



Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA.

Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com