

Chingford Cha Cha

64 count, 4 wall, intermediate level

Choreographer: Michele Perron (Can) Feb 2000

Choreographed to: Unbreak My Heart by Johnny

Mathis (107 bpm), CD: Because You Loved Me;

It Must Be Love by Ty Herndon

Dance begins on vocals (48 Count Introduction)

1-9 SIDE, CROSS-ROCK/BACK, CROSS-ROCK/BACK, CHA CHA CHA, CROSS-ROCK/BACK

1,2,3 RIGHT Step to side R; LEFT Rock/Step across front of R; RIGHT Rock/Step back
4,5 LEFT Rock/Step across front of R; RIGHT Rock/Step back
6&7 LEFT Cha Cha Cha to side L
8,1 RIGHT Rock/Step across front of L; LEFT Rock/Step back

10-17 CROSS-ROCK/BACK; CHA CHA CHA, FORWARD-ROCK/BACK, CHA CHA CHA

2,3 RIGHT Rock/Step across front of L; LEFT Rock/Step back
4&5 RIGHT Cha Cha Cha to side R with 1/4 Turn R on Count 5 (3 o'clock)
6,7 LEFT Rock/Step forward; RIGHT Rock/Step back
8&1 LEFT Cha Cha Cha back (Option: 'Locking' Cha Cha)

18-25 BACK-ROCK/FORWARD, CHA CHA CHA, FORWARD-TURN, FORWARD, DRAG

2,3 RIGHT Rock/Step back; LEFT Rock/Step forward
(Option: Left Toe/Tap in front of R on '&' before Count 3)
4&5 RIGHT Cha Cha Cha forward (Option: 'Locking' Cha Cha)
6,7 LEFT Toe/Ball Step forward; Execute 1/2 Turn R, weight ends on Left (9 o'clock)
8,1 RIGHT slightly large Step forward; Slide LEFT to behind R heel, L knee bent, L toe on floor, heel raised

26-33 SIDE-&-ACROSS, CHA CHA CHA, FORWARD, DRAG, SIDE-&-ACROSS

2&3 LEFT Rock/Step to side L, RIGHT Rock/Step to side R, LEFT Step across front of R
4&5 RIGHT Cha Cha Cha forward
6 LEFT slightly large Step forward with 1/4 Turn L (6 o'clock)
7 Slide RIGHT to behind L heel, R knee bent, R Toe on the floor, heel raised
8&1 RIGHT Rock/Step to side R, LEFT Rock/Step to side L, RIGHT Step across front of Left

34-41 CHA CHA CHA, FORWARD, ROCK/BACK, CHA CHA CHA, CHA CHA CHA

2&3 LEFT Cha Cha Cha forward
4,5 RIGHT Rock/Step forward; LEFT Rock/Step back
6&7 RIGHT Cha Cha Cha forward with 1/2 Turn R (Option: 'Locking' Cha Cha)
(12 o'clock)
8&1 LEFT Cha Cha Cha forward (Option: 'Locking' Cha Cha)

42-49 SIDE TOGETHER, CHA CHA CHA, CROSS-ROCK/BACK, CHA CHA CHA

2,3 RIGHT Step to side R; LEFT Step next to R
4&5 RIGHT Cha Cha Cha to side R
6,7 LEFT Rock/Step across front of R; RIGHT Rock/Step back
8&1 LEFT Cha Cha Cha to side L with 1/4 Turn L on Count 1 (9 o'clock)

50-57 FORWARD, ROCK/BACK, CHA CHA CHA BACK: R, L, R

2,3 RIGHT Rock/Step forward; LEFT Rock/Step back
4&5 RIGHT Cha Cha Cha back (Option: 'Locking' Cha Cha)
6&7 LEFT Cha Cha Cha back (Option: 'Locking' Cha Cha)
8&1 RIGHT Cha Cha Cha back (Option: 'Locking' Cha Cha)

58-64 BACK, ROCK/FORWARD, TOUCH, ACROSS, TOUCH, ACROSS, TOGETHER

2,3 LEFT Rock/Step back; RIGHT Rock/Step forward
4,5 LEFT Touch to side L; LEFT Step forward and across front of R
6,7,8 RIGHT Touch to side R; RIGHT Step forward and across front of L;
LEFT Step next to R
