

I Had Some Help



SEC₁

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Stacey Snyder (USA) Jul 2024
Choreographed to: I Had Some Help by Post Malone feat Morgan Wallen
Intro: 32 Counts. Start at approx 15 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SIDE STEP TOGETHER, SHUFFLE FWD,, SIDE STEP TOUCH, SIDE STEP, ½ TURN

1-2 3&4	Step R to R side, Step L together with R Step R forward, Step L next to R, Step R forward
5-6	Step L to L side, Touch R toe behind L
7-8	Step R to R side, Turn ½ turn L (keeping pressure on R) (6:00)
SEC 2	SIDE STEP TOGETHER, SHUFFLE FWD,, SIDE STEP HOLD, CROSS AND CROSS
1-2	Step L to L side, Step R together with L
3&4	Step L forward, Step R next to L, Step L forward
5-6	Step R to R side, Hold
7&8	Cross step L over R, Step R to R Side, Cross step L over R
Restart	Here on Wall 4
SEC 3	SIDE ROCK, CROSS AND CROSS, 3/4 BOX TURN
SEC 3 1-2	SIDE ROCK, CROSS AND CROSS, ¾ BOX TURN Rock R to side, Recover onto L
	·
1-2	Rock R to side, Recover onto L
1-2 3&4	Rock R to side, Recover onto L Cross step R over L, Step L to L side, Cross step R over L
1-2 3&4 5-6	Rock R to side, Recover onto L Cross step R over L, Step L to L side, Cross step R over L Step L to L side, Turn 1/4 turn over R shoulder step R to R Side (9:00)
1-2 3&4 5-6 7-8	Rock R to side, Recover onto L Cross step R over L, Step L to L side, Cross step R over L Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00) Turn ¼ turn R step L to L side, Turn ¼ turn over R shoulder step R to R side (3:00)
1-2 3&4 5-6 7-8	Rock R to side, Recover onto L Cross step R over L, Step L to L side, Cross step R over L Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00) Turn ¼ turn R step L to L side, Turn ¼ turn over R shoulder step R to R side (3:00) VAUDEVILLE, BALL CHANGE HEEL, LONG SIDE STEP, DRAG, STOMP X2
1-2 3&4 5-6 7-8 SEC 4 1&2	Rock R to side, Recover onto L Cross step R over L, Step L to L side, Cross step R over L Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00) Turn ¼ turn R step L to L side, Turn ¼ turn over R shoulder step R to R side (3:00) VAUDEVILLE, BALL CHANGE HEEL, LONG SIDE STEP, DRAG, STOMP X2 Cross step L over R, Step back onto R, L heel tap forward

