



## Raise Your Hands (Händer Upp)

32 Count 4 Wall Low Improver Level Dance.  
Choreographed by: Kim Liebsch (DK) Jun 2024  
Choreographed to: Händer Upp by Carola  
Intro: 16 Counts. Start at approx 11 secs.

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Remember to **Vote** for your favourite dances in the Linedancer Charts.

### SEC 1 CROSS POINT, CROSS POINT, ROCK RECOVER, SHUFFLE BACK

1-2 Cross R over L, point L to L side

3-4 Cross L over R, point R to R side

**Styling** On Walls 3, 5, 8, 10 and 12, When she sings "Händer Upp" raise your hands twice

5-6 Rock fwd on R, recover on L

7&8 Step back on R, step L next to R, step back on R

### SEC 3 BACK ROCK, SHUFFLE FWD STEP ½ TURN, SHUFFLE ½ TURN

1-2 Rock back on L, recover on R

3&4 Step fwd on L, step R next to L, step fwd on L

5-6 Step fwd on R, make ½ turn L stepping fwd on L (6:00)

7&8 Make ½ turn L stepping back on R, step L next to R, step back on R (12:00)

### SEC 4 BACK KNEE POP, BACK KNEE POP, BACK ROCK, STEP ¼ TURN, CROSS SHUFFLE

1-2 Step back on L, while popping R knee, step back on R while popping L knee

3-4 Rock back on L, recover on R

5-6 Step fwd on L, make ¼ turn R stepping R to R side (3:00)

7&8 Cross L over R, step R to R side, cross L over R

### SEC 5 STEP SIDE HOLD, BALL SIDE TOUCH, ¼ TURN STEP, ¼ TURN TOUCH

1-2 Step R to R side, hold

&3-4 Ball step L next to R, step R to R side, touch L beside R

5-6 Make ¼ turn L stepping fwd on L, step fwd on R (12:00)

7-8 Make ¼ turn L, stepping L to L side, touch R beside L (9:00)

