



Lonely For Long

32 Count 4 Wall Beginner Level Dance.
Choreographed by: Jan Brookfield (UK) Jun 2024
Choreographed to: Lonely For Long by Zach Top
Intro: 16 Counts. Start at approx 10 secs.

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SEC 1 SIDE, TOUCH, SIDE, TOUCH, CHASSE, ROCK BACK, RECOVER

- 1-2 Step R to right side, touch L next to R
- 3-4 Step L to left side, touch R next to L
- 5&6 Step R to right side, close L to R, step R to right side
- 7-8 Rock L back, recover onto R

SEC 2 GRAPEVINE CROSS, CHASSE, ROCK BACK, RECOVER

- 1-2 Step L to left side, step R behind L
- 3-4 Step L to side, step R across L
- 5&6 Step L to left side, close R to L, step L to left side
- 7-8 Rock R back, recover onto L

SEC 3 MONTEREY TURN ¼, ROCK BACK, RECOVER, KICK-BALL-STEP

- 1-2 Point R toe to right side, step on R making a ¼ turn right (3:00)
- 3-4 Point left toe to left side, step on L in place
- 5-6 Rock back on R, recover onto L
- 7&8 Kick R forward, step back on R, step L forward

Restart Here on Wall 9

SEC 4 PADDLE ¼ TURN X2, JAZZ BOX CROSS

- 1-2 Step R forward, swivel both feet ¼ left (12:00)
- 3-4 Step R forward, swivel both feet ¼ left (9:00)
- 5-6 Step R across in front of L, step L back
- 7-8 Step R to side, step L across in front of R