

The Time Of Our Live's



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48 Count 2 Wall Beginner Level Dance. Choreographed by: Paul Suri Cheevers (IRL) Jun 2024 Choreographed to: (I've Had) The Time Of My Life by Bill Medley & Jennifer Warnes Intro: 64 Counts. Start at approx 40 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4	POINT OVER, POINT SIDE, CHA CHA CHA, POINT OVER, POINT SIDE, CHA CHA CHA Point R over L, point R to R side Step R beside L, step L beside R, step R beside L
5-6 7&8	Point L over R, point L to L side Step L beside R, step R beside L, step L beside R
SEC 2 1-2 3-4 5-6 7-8	ROCKING CHAIR, STEP, ½ PIVOT, STEP, ½ PIVOT Rock forward on R, rock back on L Rock back on R, rock forward on L Step forward on right, turning ½ left Step forward on right, turning ½ left
SEC 3 1&2 3&4 5-6 7-8	HIP ROLLS, ROCKING CHAIR Step forward on R bumping hips forward, bump hips back, bump hips forward Step forward on L bumping hips forward, bump hips back, bump hips forward Rock forward on R foot, rock back on L Rock back on R, rock forward on L
SEC 4 1&2 3&4 5-6 7-8	HIP ROLLS, GRAPEVINE Step forward on R bumping hips forward, bump hips back, bump hips forward Step forward on L bumping hips forward, bump hips back, bump hips forward Step R to R side, step L behind R Step R out to R side, bring L beside R
SEC 5 1-2 3-4 5-6 7-8	GRAPEVINE, BACK, BACK, OUT, OUT Side step L to L side, step R behind L Step L to L point R toe to front Step back on R, step back on L Step R to R, step L to L
SEC 6 1-2 3-4 5-6	SIDE ARM SWINGS, CROSS 1/2 UNWIND Swing both arms to R side turn hips to same direction

