

I'm Not Myself



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Intermediate Level Dance.
Choreographed by: Gregory Danvoie (BE) May 2024
Choreographed to: If You Only Knew by Alexander Stewart
Intro: 16 Counts. Start at approx 14 secs.

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SEC 1 1 Arms 2&3 4&5 Arms 6&7 8	RF step forward and push upper body backwards and roll body down During the body roll, reaching RF arm forward RF step back, LF step to the L side with ¼ turn to the L (9:00) RF step to the R side with a sway to the R side, LF sway to the L side, RF slide to the R side & LF drag next to RF
\$EC 2 &1 2&3 4&5 Arms 6-7-8 Arms	LF step back with ½ turn to the R, RF back rock (10:30) Recover on LF, RF step back with ½ turn to the L, LF back rock (4:30) Recover on RF, LF step forward, RF step forward and at the same time go up on the RF and make a back flick with LF At the same time as back flick, go up the right arm and place the left arm on the side LF gather next to RF and bend both knees, RF step to the R side with a sway to the R side, LF sway to the L side
1-2& 3 4&5 6&7 8&	BASIC STEP, BACK X2, BASIC STEP 1/8 TURN, STEP X3, STEP 1/2 TURN, BACK 1/2 TURN, BACK ROCK, SIDE 1/8 TURN RF slide to the R side & LF drag next to RF, LF step back, RF step back, LF slide to the L side with 1/8 turn to the L side & RF drag next to LF (3:00) RF step forward with 1/8 turn to the L, LF step forward, RF step forward (1:30) LF step forward with 1/2 turn to the L side, RF step back with 1/2 turn to the L side, LF back rock (1:30) Recover on RF, LF step to the L side with 1/8 turn to the R (3:00)
Resta 8&	Here on Wall 3, Replace 8& with the following Recover on RF, LF step forward with ½ turn to the L (12:00)
1 2&3 4&5 Arms 6-7& 8&	STEP X3, STEP ½ TURN, STEP, PIVOT ½ TURN, STEP X2 RF cross behind LF with a LF sweep back LF cross behind RF, RF step forward with ¼ turn to the R, LF step forward hitch with RF (6:00) RF step forward, LF step forward, RF step forward
Tag 1-2 Arms	At the end of wall 2 (12:00) RF rock forward and bend both knees, recover on LF Gather both arms to give a hug



Ending

At the end of the dance, RF step forward and bend both knees gathering both arms to give a hug