



Past Life Cowgirl

32 Count 4 Wall High Beginner Level Dance.

Choreographed by: Maz Zahedi (UK) & Katie Angilletta (UK) May 2024

Choreographed to: Past Life Cowgirl by Katie Rigby

Intro: 2 Counts. Start at approx 2 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 ROCKING CHAIR, SHUFFLE FORWARD, TOE TAP BEHIND, PIVOT ½ TURN

- 1-2 Rock forward on R, recover on L
- 3-4 Rock back on R, recover on L
- 5-6 Step R forward, Step L together, Step R forward
- 7-8 Toe tap behind L pivot ½ turn transfer weight on L (6:00)

SEC 2 SHUFFLE, ROCKING CHAIR, STEP PIVOT ½ TURN

- 1-2 Step R forward, Step L together, Step R forward
- 3-4 Rock forward on L, recover on R
- 5-6 Rock back on L, recover on R
- 7-8 Step forward L pivot ½ turn R (12:00)

SEC 3 HEEL SWITCHES, TOGETHER, TOGETHER, HEEL SWITCHES, TOGETHER, TOUCH

- 1&2 L heel dig forward, step L heel back, R heel dig forward
- 3-4 Step R next to L, step L next to R
- 5&6 R heel dig forward, step R heel back, L heel dig forward
- 7-8 Step L next to R, touch R next to L

SEC 4 HEEL, TOE, GRAPEVINE, SLIDE ¼ TURN, SCUFF

- 1-2 R heel dig forward, R toe tap
- 3-4 Step R to side, step L behind
- 5-6 Step R to side, touch L next to R
- 7-8 Step L to side ¼ turn L, scuff R (9:00)

Tag Twice at the end of Walls 4 and 7 and once at the end of Wall 6

ROCKING CHAIR, ½ PIVOT, ½ PIVOT

- 1-2 Rock forward on R, recover on L
- 3-4 Rock back on R, recover on L
- 5-6 Step R forward pivot ½ turn
- 7-8 Step R forward pivot ½ turn