

## **Half Life**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Intermediate Level Dance.

Choreographed by: Adam Astmar (SWE) & Gregory Danvoie (BE) Apr 2024

Choreographed to: Half-Life by X Ambassadors

Intro: 16 Counts. Start at approx 16 secs.

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SEC 1 1–2& 3-4& 5-6 7-8&	SIDE SWEEP, BEHIND, 1/8 SIDE, ROCK, BACK, 1/4 PREP LOOK, 1/4 RECOVER, SPIRAL FULL TURN, 1/4 RUN Step to R on RF sweep L from side to back, Step LF behind RF, Turn 1/8 R step to R on RF (1:30) Rock forward on LF, Recover on RF, Step back on LF Turn 1/4 R step to R on RF and look over R shoulder Turn 1/4 L recover on LF (1:30) Full spiral turn over L shoulder on RF, Turn 1/8 L step forward on LF, Turn 1/8 L step forward on RF (10:30)
SEC 2	1/8 SERPIENTE 1/4, WALK, WALK, ROCK FWD, BACK
1-2&	Turn 1/8 L step forward on LF sweep RF from back to front, Cross RF over LF, Step to L on LF (9:00)
3-4& 5-6	Step RF behind LF sweep LF from front to back, Step LF behind RF, Turn ¼ R step forward on RF (12:00) Walk forward LF, Walk forward RF
7-8&	Rock forward on LF, Recover on RF, Step back on LF
Note	On Walls 2, 4 and 6, add the following arms
5-6	Place R hand on heart, Cross both arms over chest making both hands into fists
&7-8	Move hands to shoulders Throw hands forward, like giving something to someone, Pull both hands back
SEC 3	1/2 STEP HITCH, CROSS ROCK, RECOVER SWEEP, BEHIND, 1/8 SIDE, ROCK, BACK, POINT BACK, 1/2 TURN
1-2	Turn ½ R step forward on RF hitch L knee, Cross rock LF over RF (6:00)
3-4& 5-6&	Recover on RF sweep LF from front to back, Step LF behind RF, Turn ⅓ R step to R on RF (7:30)  Rock forward on LF, Recover on RF, Step back on LF
5-0& 7-8	Point RF back, Turn ½ R step down on RF (1:30)
7-0	Tollit N. Back, Tutti 72 N step down off N. (1.56)
SEC 4	1/2 TURN BACK 1/8 SWEEP, BEHIND SIDE, CROSS ROCK, SIDE, CROSS ROCK, NIGHTCLUB BASIC
1-2&	Turn ½ R step back on LF sweep RF from front to back turning ¼ R (9:00)) Step RF behind LF, Step to L on LF
3-4&	Cross rock RF over LF, Recover on LF, Step to R on RF
5-6	Cross rock LF over RF, Recover on RF
7-8&	Take a big step to L on LF drag RF towards LF, Close RF next to LF, Slightly cross LF over RF
Tag	At the end of Wall 2 SIDE, DRAG & LIFT ARMS, HOLD, TOGETHER, BEND KNEES & PULL ARMS DOWN
1-2	Step to R on RF drag LF towards RF and lift both hands up in the air, Hold
3-4	Close LF next to RF start bending knees and pull down hands slowly
F.,	After 5 counts of Lock well cloudy lift D hand towards the discount

After 5 counts of Last wall, slowly lift R hand towards the diagonal



**Ending**