

## **Losing It**



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 96 Count 4 Wall Intermediate Level Dance.

Choreographed by: Michelle Hatton (UK) Apr 2024

Choreographed to: Lose Control by Teddy Swims

Intro: 12 Counts. Start at approx 4 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	TWINKLE, CROSS POINT, TELEMARK, DRAG
1-2-3	LF over RF, RF to side, LF in place
4-5-6	RF over LF, point LF to side, hold
1-2-3	LF over RF, RF to side turning L, LF to side completing ½ turn L (6:00)
4-5-6	Drag RF in closing to LF
SEC 2	TWINKLE, CROSS POINT, TELEMARK, DRAG
1-2-3	LF over RF, RF to side, LF in place
4-5-6	RF over LF, point LF to side, hold
1-2-3	LF over RF, RF to side turning L, LF to side completing ½ turn L (12:00)
4-5-6	Drag RF in closing to LF
SEC 3	CROSS SWEEP, CROSS SWEEP, 3 COUNT JAZZ BOX, 3 COUNT JAZZ BOX
1-2-3	Step LF over RF, sweep RF from back to front over 2 counts
4-5-6	Step RF over LF, sweep LF from back to front over 2 counts
1-2-3	Step LF over RF, RF back, LF back
4-5-6	Step RF over LF, LF back, RF back
SEC 4	CROSS SWEEP, CROSS SWEEP, 3 COUNT JAZZ BOX, 3 COUNT JAZZ BOX
1-2-3	Step LF over RF, sweep RF from back to front over 2 counts
4-5-6	Step RF over LF, sweep LF from back to front over 2 counts
1-2-3	Step LF over RF, RF back, LF back
4-5-6	Step RF over LF, LF back, RF back
SEC 5	1/8 R STEP, KICK, BACK 1/2 TURN, STEP, TWINKLE, CROSS POINT
1-2-3	Turn 1/₂ to R Step LF forward, Lift R leg upwards over 2 counts (1:30)
4-5-6	Step RF back, LF to side turning L, RF forward to diag, completing ½ turn L (7:30)
1-2-3	Step LF over RF, RF to side, LF in place
4-5-6	Step RF over LF, point LF to side, hold
SEC 6	STEP, KICK, BACK ½ TURN, STEP, TWINKLE, CROSS POINT
1-2-3	Step LF forward, Lift RF upwards over 2 counts
4-5-6	Step RF back, LF to side turning L, RF forward to diag, completing ½ turn L (1:30)
1-2-3	Step LF over RF, RF to side, LF in place
4-5-6	Step RF over LF, point LF to side, hold

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SEC 7	FORWARD TURN BACK 36, BACK HOOK, FORWARD TURN BACK 1/4, BACK HOOK
1-2-3	LF forward, RF side turning % L, LF back (9:00)
4-5-6	Step RF back, hook LF over R leg over 2 counts
1-2-3	LF forward, RF to side turning ¼ L, LF back (6:00)
4-5-6	Step RF Back, hook LF over R leg over 2 counts
SEC 8	STEP SWEEP, STEP SWEEP, ½ BOX ¼ TURN, ½ BOX ½ TURN
1-2-3	Step LF forward, sweep RF from back to front over 2 counts
4-5-6	Step RF forward, sweep LF from back to front over 2 counts
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1-2-3	LF forward, RF Side turning ¼ L, close LF to RF (3:00)
1-2-3 4-5-6	LF forward, RF Side turning ¼ L, close LF to RF (3:00)  Turning ¼ R step RF forward, LF side turning ¼ R, close RF to LF (9:00)

