



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 CROSS ROCK, SHUFFLE ¼ TURN, STEP TURN ½, SHUFFLE ½ TURN

- 1-2 Cross Rock R over L, Recover L
3&4 Step R to Side, Step L next to R, Step R Fwd ¼ Turn R (3:00)
5-6 Step L Fwd, ½ Turn R (9:00)
7&8 ½ Turn R Step L Back, Step L R next to L, Step Back L (3:00)

SEC 2 ROCK BACK, SHUFFLE ½ TURN, ROCK BACK, SHUFFLE ½ TURN

- 1-2 Rock R Back, Recover L
3&4 Step R Fwd with ¼ Turn L, Step L next to R, Step R Fwd with ¼ Turn L (9:00)
5-6 Rock L Back, Recover R
7&8 Step L Fwd with ¼ Turn R, Step R next to L, Step L Fwd with ¼ Turn R (3:00)

- Restart** Here during Wall 3, Change count 7&8 to the following then restart
7&8 Step R to Side, Step L next to R, Step R Fwd ¼ Turn R

SEC 3 SYNCOPATED MONTEREY ¼ TURN, CROSS ROCK, SHUFFLE ¼

- 1-2 Touch R to R, Hold
&3-4 Close R next to L ¼ Turn R, Touch L to L, Hold (6:00)
5-6 Cross Rock L over R, Recover R
7&8 Step L to Side, Step R next to L, Step L Fwd ¼ Turn L (3:00)

SEC 4 HEEL & TOE SWITCHES, ROCK, COASTER STEP

- 1&2& Touch R Heel Fwd, Back to Center, Touch L Heel Fwd, Back to Center
3&4& Touch R Toe next to L, Step R next to L, Touch L Heel Fwd, Back to Center
5-6 Rock R Fwd, Recover L
7&8 Step R Back, Step L next to R, Step R Fwd

SEC 5 STEP, ½ TURN, KICK BALL TOUCH, HEEL & TOE SWITCHES

- 1-2 Step L Fwd, ½ Turn R (Weight R) (9:00)
3&4 Kick L Fwd, Step Down on L, Touch R next to L
5&6& Touch R Heel Fwd, Back to Center, Touch L Heel Fwd, Back to Center
7&8& Touch R Toe next to L, Step R next to L, Touch L Heel Fwd, Back to Center

Best Friend For Live

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SEC 6 ROCKING CHAIR, STEP, ½ TURN, KICK BALL CHANGE

- 1-2 Rock R Fwd, Recover L
- 3-4 Rock R Back, Recover L
- 5-6 Step R Fwd, ½ Turn L (Weight L) (3:00)
- 7&8 Kick R Fwd, Step Down on R, Change Step on L

SEC 7 ROCK FWD, SHUFFLE ½, FULL TURN, MAMBO

- 1-2 Rock R Fwd, Recover L
- 3&4 Step R Fwd with ½ Turn R, Close L next to R, Step R Fwd (9:00)
- 5-6 ½ R with L Back, ½ R with R Fwd (9:00)
- 7&8 Rock L Fwd, Recover R, Step L Back

SEC 8 BEHIND, POINT, BEHIND, POINT, TOUCH BACK, UNWIND ½ TURN, MAMBO

- 1-2 Step R Behind L, Touch L to L Side
- 3-4 Step L Behind R, Touch R to R Side
- 5-6 Touch R Back, Unwind ½ Turn R (Weight R) (3:00)
- 7&8 Rock L Fwd, Recover R, Step L Back

