



It's A Heartache

32 Count 4 Wall Beginner Level Dance.
Choreographed by: Lorna Cairns (UK) Mar 2024
Choreographed to: It's A Heartache by Derek Ryan
Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 WALK X3, KICK, BACK X3, TOUCH

- 1-2 Walk forward right, walk forward left
- 3-4 Walk forward right, kick left foot forward
- 5-6 Walk back left, walk back right
- 7-8 Walk back left, touch right foot beside left

SEC 2 CHARLESTON STEP, CHARLESTON STEP

- 1-2 Step forward right, kick forward left
- 3-4 Step back left, touch back right
- 5-6 Step forward right, kick forward left
- 7-8 Step back left, touch back right

Restart Here on Walls 5 and 10

SEC 3 GRAPEVINE, TOUCH, GRAPEVINE ¼ TURN, BRUSH

- 1-2 Step right to right, cross left behind right
- 3-4 Step right to right, touch left next to right
- 5-6 Step left to left, cross right behind left
- 7-8 Turn ¼ left stepping forward on left, brush right forward (9:00)

SEC 4 STEP, BRUSH, STEP, BRUSH, ROCKING CHAIR

- 1-2 Step forward on right, brush left forward
- 3-4 Step forward on left, brush right forward
- 5-6 Rock forward on right, recover on to left
- 7-8 Rock back on right, recover on to left

