



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 STEP HOLD AND STEP HOLD AND ROCK RECOVER COASTER STEP

- 1-2& Step R foot forward, hold, step L next to R
- 3-4& Step R foot forward, hold, step L next to R
- 4-5 Rock forward onto R, recover onto L
- 7&8 Step R back, step L next to R, step forward onto R

SEC 2 STEP HOLD AND STEP HOLD AND ROCK RECOVER COASTER STEP

- 1-2& Step L forward, hold, step R next to L
- 3-4& Step L forward, hold, step R next to L
- 5-6 Rock forward onto L, recover onto R
- 7&8 Step L back, step R next to L, step forward onto L

Restart Here on Wall 3, Dance the Tag then restart

SEC 3 ROCK RECOVER SHUFFLE ½ TURN, ROCK RECOVER SHUFFLE ½ TURN

- 1-2 Rock forward onto R, recover onto L
- 3&4 Step ¼ R to R side, step L next to R, ¼ R forward (6:00)
- 5-6 Rock forward onto L, recover onto R
- 7&8 Step ¼ L to L side, step R next to L, ¼ L forward (12:00)

SEC 4 ¼ HIP ROLLS x2, DIAGONAL ROCKING CHAIR

- 1-2 Step forward on R, pivot ¼ rolling hips anticlockwise (9:00)
- 3-4 Step forward on R, pivot ¼ rolling hips anticlockwise (6:00)
- 5-6 Rock R forward, recover on L rock (facing L diagonal)
- 7-8 Rock R back, recover on L (facing L diagonal)

Restart Here on Wall 6, Dance the Tag then restart

SEC 5 CROSS ROCK, CHASSE, CROSS ROCK, CHASSE

- 1-2 Cross R over L, step back onto L
- 3&4 Step R to R side, step L next to R, step R to R side
- 5-6 Cross rock L over R, step back onto R
- 7&8 Step L to L side, step R next to L, step L to L side

La Bella Vita

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SEC 6 WEAVE, FRONT, SIDE, BEHIND, ¼ TURN, PIVOT ½ TURN, FULL TURN

- 1-2 Cross R over L, step L to L side
- 3-4 Step R behind L, step L to L side making ¼ turn L (3:00)
- 5-6 Step R forward, pivot ½ turn L (9:00)
- 7-8 Turn ½ L Step back on R, turn ½ L Step forward (9:00)

SEC 7 STEP LOCK STEP TAP, STEP LOCK STEP TAP

- 1-2& Step forward on R hold, lock L behind R
- 3-4 Step forward on R, tap L toe behind R heel
- 5-6& Step forward on L, hold, lock R behind L
- 7-8 Step forward on L, tap R toe behind L heel (9:00)

SEC 8 & HEEL HOLD & HEEL HOLD & HEEL & HEEL & HEEL & TOUCH

- &1-2 Step back on R, push L heel forward and hold
- &3-4 Step back on the L and push R heel forward and hold
- &5&6 Step back on R, push L heel forward & hold, step back on L push R heel forward
- &7&8 Step back on R and push L heel forward and step back on L and touch R toe next to L

Tag After 16 counts of Wall 3 and after 32 counts of Wall 6, dance the following then Restart
V STEP

- 1-2 Step diagonally forward R Step diagonally forward L
- 3-4 Step diagonally back R, step diagonally back L

Ending After 60 counts of the last wall, 3 heel switches make a ¼ turn

