Linedancer

This Is 30

Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, B, A, Tag, A, A, B, A, Tag, Tag, Ending

Part A

SEC 1   SCUFF, SIDE, SAILOR STEP, BALL SIDE, ⅛ FWD, PRESS FWD, SWIVEL HEEL OUT IN

1-2	Scuff R fwd, step R out to R side
3&4	Cross L behind R, step R to side, step L to L side
&5-6	Step R next to L, step L to L side, turn ⅛ L crossing R over L (10:30)
7&8	Press L ball fwd, Swivel L heel out L and back again (weight on R

SEC 2   BACK TOGETHER, TWIST HEELS, ⅛ SIDE POINT CLICK, STEP LOOK, ROLL HIPS

1-2	Step back on L, R next to L
3&4	Twist heels up to R (you're on your toes), twist both heels to L side, twist heels to R and down (weight R)
&5-6	Turn ⅛ L stepping L to L side, point R to R side clicking R hand to L, transfer weight to R clicking to R side (12:00)
7-8	Roll hips counterclockwise transferring weight to L and back to R

SEC 3   CROSS, BACK, SHUFFLE ¼, STEP, KNEE POP, DOWN, BALL DIP ¼

1-2	Cross L over R, step back on R
3&4	Turn ¼ L stepping L fwd, step R next to L, step L fwd (6:00)
5&6	Step R fwd, lift both heels, step L down
&7-8	Close R next to L, step L fwd bending in knees, turn ¼ R onto R straightening up in knees (9:00)

SEC 4   ¾ WALK AROUND, ROCK, POINT BACK, ½ TURN

1-2	Turn ¼ R stepping L fwd, turn ¼ R stepping R fwd (3:00)
3-4	Turn ¼ R stepping L fwd, Step R fwd (6:00)
5-6	Rock L fwd rolling hips fwd and back, recover on R
7-8	Point L foot back, turn ½ L stepping down on L (12:00)

Part B

SEC 1   NIGHTCLUB BASIC, SWAY, SWAY, ¼ FWD, 1¼ SWEEP, CROSS, ¼ BACK, ¼ LUNGE, ¼ STEP, STEP ½ TURN

1-2&	Step R to R side, close L behind R, cross R over L
3&	Step L to L swaying body L, sway body R, Styling R index finger point up, to the L, down, and to the R side
4&5	Turn ¼ L stepping L fwd, turn ½ L stepping back on R, turn ½ L stepping L fwd and sweeping R ¼ L (6:00)
6&7	Cross R over L, turn ¼ R stepping back on L, turn ¼ R lunging R to R side (12:00)
Styling	Hug yourself
&8&	Turn ¼ L stepping L fwd, step R fwd, turn ½ L stepping L fwd (3:00)

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SEC 2   ¼ SIDE, ½ DIAMOND, ROCK, STEP, TURN ½, FULL TURN, ⅛ OUT OUT

1-2&   Turn ¼ L stepping R to R side, turn ⅛ L stepping L back, step R back (10:30)

3-4&   Turn ¼ L step L fwd, step R fwd, step L fwd (7:30)

5&   Rock R fwd, rock L back

6&7&   Step R fwd, turn ½ L onto L, turn ½ L stepping R back, turn ½ L stepping L fwd (1:30)

8&   Turn ⅛ L stepping R to R side, step L to L side (12:00)

Tag

DOWN WITH HIP ROLLS, HITCH AND SNAP FINGERS, DOWN WITH HIP ROLLS, ½ HITCH

1-4   Step R to R side bending in knees rolling hips RLRLR, straighten knees and hitch L snapping R fingers up

5-8   Step L to L bending knees rolling hips LRLRL, straighten knees turning ½ L hitching R & snap L fingers up

DOROTHY STEP, STEP, LOCK, REVERSE CHUG ½, TOGETHER

1-2&   Step R fwd on R diagonal, lock L behind R, step R fwd

3-4   Step L fwd on L diagonal, lock R behind L

5-6   Turn ⅛ L chugging L to L side, turn ⅛ L chugging L to L side

7-8   Turn ⅛ L chugging L to L side, turn ⅛ L stepping L next to R

Ending

SIDE, SNAP FINGERS, HOLD, SIDE, SNAP FINGERS, HOLD

1-4   Step R to R side bringing R hand to L, snap fingers to R side, Hold, hold

5-8   Step L to L side bringing L hand to R, snap fingers to L side, Hold, hold

BACK, SNAP FINGERS, HOLD X2, SIDE, TOUCH, HOLD, SIDE, TOUCH, HOLD

1-4   Step R back crossing arms in front of body, snap both fingers out to sides, Hold, hold

&5-6   Step L to L side and lift L hand to L with three fingers up, touch R, hold

&7-8   L arm goes down as you step R to R side lifting R hand up forming a zero, touch L, Hold

1   Step L to L side lifting both hands up showing 30