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Moderation, Please!

48 Count 2 Wall Phrased Improver Level Dance. Choreographed by: Aurora De Jong (NL) Feb 2024 Choreographed to: La La La by Addie Hamilton Intro: 32 Counts. Start at approx 24 secs.

Remember to Vote for your favourite dances in the Linedancer Charts. Sequence: A, B, A, B, A (16 Counts), B, A, B, Pause, B, A, B, B

Part A SEC 1 1-2 3&4 5-6 7&8	FORWARD, TOUCH, FULL TRIPLE TURN, ROCK FORWARD/RECOVER, ½ SAILOR Step L forward, touch R toe to L heel, angling body slightly right Step R forward turn ½ right, step L forward turn ¼ right, step R forward turn ¼ right (12:00) Rock L forward, recover to R ¼ Turn L crossing L behind R, ¼ Turn L stepping R beside L, Step fwd L (6:00)
SEC 2	WALK WALK, SYNCOPATED V-STEP, SWAY SWAY, CHASSE
1-2	With attitude! Step R forward, step L forward
3&	Step out and forward on R heel, step out and forward on L heel
4&	Step R back in place, step L back in place
5-6	Step R to right, swaying R, sway back to L
7&8	Step R to right, step L to R, step R to right
Restart	Here 3rd time Part A is danced, continuing onto Part B
SEC 3	HIP DIP, POINT, KICK-BALL-CROSS, SIDE ROCK, ¼ WEAVE
1-2	Step L to left, dipping hips right to left, point R to right
3&4	Kick R to right diagonal, step ball of R to L, step L across R
5-6	Rock R to right, recover to L
7&8	Step R behind L, step L forward turning ¼ left, step R forward (3:00)
SEC 4	ROCK ¼ RECOVER, ¼ WEAVE, ¾ WALK & SHUFFLE AROUND
1-2	Rock L forward, reaching arms up, recover to R turning ¼ right and bringing arms back down (6:00)
3&4	Step L behind R, step R forward turning ¼ right, step L forward (9:00)
5-6	Step R forward turning ⅓ right, step L forward turning ⅓ right to (12:00)
7&8	Step R forward turning ¼ right, step L to R, step R forward turning ¼ right to (6:00)
Part B SEC 1 1-2 3&4 5-6& 7-8	CROSS ROCK, CHASSE, SYNCOPATED CROSS ROCKS Rock L across R, recover to R Step L to left, step R to L, step L to left Rock R across L, recover to L step R next to L Rock L across R, recover to R
SEC 2	SIDE STEP, MODIFIED JAZZ BOX, STEP PIVOT ½ (2X
1	Step L to left
2-3-4	Modified jazz box Step R across L, step L back, step R to right
5-6	Step L forward, pivot ½ right, putting weight to R
7-8	Step L forward, pivot ½ right, putting weight to R



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