Moderation, Please!
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48 Count 2 Wall Phrased Improver Level Dance. Choreographed by: Aurora De Jong (NL) Feb 2024

Choreographed to: La La La by Addie Hamilton Intro: 32 Counts. Start at approx 24 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.
Sequence: A, B, A, B, A (16 Counts), B, A, B, Pause, B, A, B, B

## Part A

SEC 1 FORWARD, TOUCH, FULL TRIPLE TURN, ROCK FORWARD/RECOVER, $1 / 2$ SAILOR
1-2 Step L forward, touch R toe to L heel, angling body slightly right
3\&4 Step R forward turn $1 / 2$ right, step L forward turn $1 / 4$ right, step R forward turn $1 / 4$ right (12:00)
5-6 Rock L forward, recover to $R$
$7 \& 8 \quad 1 / 4$ Turn $L$ crossing $L$ behind $R, 1 / 4$ Turn $L$ stepping $R$ beside $L$, Step fwd $L(6: 00)$
SEC 2 WALK WALK, SYNCOPATED V-STEP, SWAY SWAY, CHASSE
1-2 With attitude! Step R forward, step L forward
3\& Step out and forward on $R$ heel, step out and forward on $L$ heel
4\& Step $R$ back in place, step $L$ back in place
5-6 Step $R$ to right, swaying $R$, sway back to $L$
7\&8 Step $R$ to right, step $L$ to $R$, step $R$ to right
Restart Here 3rd time Part A is danced, continuing onto Part B

## SEC 3 HIP DIP, POINT, KICK-BALL-CROSS, SIDE ROCK, ¼ WEAVE

1-2 Step $L$ to left, dipping hips right to left, point $R$ to right
3\&4 Kick $R$ to right diagonal, step ball of $R$ to $L$, step $L$ across $R$
5-6 Rock $R$ to right, recover to $L$
7\&8 Step $R$ behind $L$, step $L$ forward turning $1 / 4$ left, step $R$ forward (3:00)

## SEC 4 ROCK $1 ⁄ 4$ RECOVER, $1 ⁄ 4$ WEAVE, $3 / 4$ WALK \& SHUFFLE AROUND

1-2 Rock L forward, reaching arms up, recover to $R$ turning $1 / 4$ right and bringing arms back down (6:00)
$3 \& 4 \quad$ Step $L$ behind $R$, step $R$ forward turning $1 / 4$ right, step $L$ forward ( $9: 00$ )
5-6 Step $R$ forward turning $1 / 8$ right, step $L$ forward turning $1 / 8$ right to (12:00)
7\&8 Step R forward turning $1 / 4$ right, step $L$ to $R$, step $R$ forward turning $1 / 4$ right to (6:00)

## Part B

SEC 1 CROSS ROCK, CHASSE, SYNCOPATED CROSS ROCKS
1-2 Rock L across R, recover to R
$3 \& 4 \quad$ Step $L$ to left, step $R$ to $L$, step $L$ to left
5-6\& Rock $R$ across $L$, recover to $L$ step $R$ next to $L$
7-8 Rock Lacross R, recover to $R$
SEC 2 SIDE STEP, MODIFIED JAZZ BOX, STEP PIVOT ½ 2 ( 2
1 Step L to left
2-3-4 Modified jazz box Step $R$ across $L$, step $L$ back, step $R$ to right
5-6 Step $L$ forward, pivot $1 / 2$ right, putting weight to $R$
7-8 Step $L$ forward, pivot $1 / 2$ right, putting weight to $R$

