

**DIAGONAL, FORWARD, SLIDE, SHUFFLE**

- 1 Step forward diagonal on left foot  
2 - 4 Slide right foot beside left (3 counts)  
5 & 6 Shuffle forward (right-left-right)  
7 & 8 Shuffle forward (left-right-left)

**SHUFFLE FORWARD, 1/4 TURNS**

- 9 & 10 Shuffle forward (right-left-right)  
11 & 12 Shuffle forward (left-right-left)  
13 Step forward onto right foot swaying hips to the right and make 1/4 turn left  
14 Shift weight onto left foot swaying hips to the left  
15 Step forward on right foot swaying hips to the right and make 1/4 turn left  
16 Shift weight onto left foot swaying hips to the left

**V-STEPS**

- 17 Step forward out diagonally on right foot  
18 Step forward out diagonally on left foot  
19 Step backward in diagonally on right foot  
20 Step backward in diagonally on left foot  
21 - 24 Repeat count 17-20

**V-STEPS, HOLD**

- 25 Step forward out diagonally on right foot  
26 Hold  
27 Step forward out diagonally on left foot  
28 Hold  
29 Step backward in diagonally on right foot  
30 Hold  
31 Step backward in diagonally on left foot  
32 Hold

**RIGHT SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE ROCK**

- 33 & 34 Side step-together-step (right-left-right)  
35 & 36 Step (cross) left foot in front of right foot; while keeping feet in a crossed position, step right with right foot; with feet still crossed, step right with left foot, weight is on left  
37 & 38 Step side with right foot, left together, side step with right  
39 Rock back on left foot  
40 Rock forward on right foot

**LEFT SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE ROCK**

- 41 & 42 Side step-together-step (left-right-left)  
43 & 44 Step (cross) right foot in front of left foot; while keeping feet in a crossed position, step left with left foot; with feet still crossed, step left with right foot, weight is on right  
45 & 46 Step side with left foot, right together, side step with left  
47 Rock back on right foot  
48 Rock forward on left foot

**TOE STRUTS FORWARD**

- 49 - 50 Step forward with right toe, right heel down  
51 - 52 Step forward with left toe, left heel down  
53 - 54 Step forward with right toe, right heel down  
55 - 56 Step forward with left toe, left heel down

**TOGETHER-KNEE POPS**

- 57 Step right foot next to left  
58 Hold  
59 Bring left heel up and pop left knee out  
60 Lower left heel to floor and bend right knee out

- 61 Lower right heel to floor and bend left knee out
- 62 Lower left heel to floor and bend right knee out
- 63 Lower right heel to floor and bend left knee out
- 64 Hold

**REPEAT**

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