



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 SIDE, 1/8 ROCK BACK, RECOVER, SHUFFLE, STEP, 1/2 PIVOT, 1/2 SHUFFLE BACK

- 1-2 Step L to left side, Make 1/8 turn right step back on R (1:30)
3-4&5 Recover weight onto L, Step forward on R, step L behind R, step forward on R
6-7 Step forward on L, Make 1/2 turn right recover weight onto R (7:30)
8&1 Make 1/2 turn right step back on L, step R back Infront of L, step back on L (1:30)

SEC 2 1/8 BEHIND, SIDE, CROSS, 1/8 SHUFFLE, FORWARD, 1/2 HOLD, HEEL TWISTS

- 2&3 Make 1/8 turn left step R behind L, step L to left side, Cross R over L (12:00)
4&5 Make 1/8 turn left Step L forward, step R behind L, step L forward (10:30)
6-7 Step R forward, taking weight on L, Make 1/2 turn left (4:30)
8&1 Hold, twist both heels out to the left, twist heels back in place taking weight onto R

SEC 3 FORWARD, 1/2 BACK, 1/2 SHUFFLE, CROSS ROCK, RECOVER, 1/8 SAILOR

- 2-3 Step forward on L, make 1/2 turn left stepping back on R (10:30)
4&5 Make 1/2 turn left step forward L, step R behind L, step forward L (4:30)
6-7 Cross R over L, Make 1/8 turn right step back on L as you sweep R from front to back (6:00)
8&1 Step R behind L, step L to left side, 1 Step R next to L

SEC 4 CROSS SAMBA, FULL VOLTA TURN, CHEST POP

- 2&3 Cross L over R, rock R to right side, recover weight onto L
4& Make 1/4 turn right step forward on R, lock L behind R (9:00)
5& Make 1/4 turn right step forward on R, lock L behind R (12:00)
6& Make 1/4 turn right step forward on R, lock L behind R (3:00)
7-8 Make 1/4 turn right step forward on R, holding right hand over chest pop chest forward and back (6:00)

Tag At the end of wall 6

CROSS, SIDE, BEHIND SWEEP, BEHIND SIDE 1/4, HOLD

- 1-2-3 Cross L over R, step R to right side, step L behind R sweep R from front to back
4-5 Continue to slowly sweep R from front to back over the 2 counts
6&7 Step R behind L, Make 1/4 turn left step L to left side, step forward on R

Arms 7 Hold right arm out in front of you palm facing forward

8 Hold



Breathe Cha

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CROSS ROCK, RECOVER, ¼, DRAG, CROSS, ¼, COLLECT, HOLD

- 1-2 Cross rock L over R, recover weight on R
3-4-5 Make ¼ turn left take a large step out to the left on L, keeping weight on L, continue to slowly drag R towards L
6&7 Cross R over L, Make ¼ turn right step back on L, raising up onto your toes, step R next to L
8 Hold

STEP, ½, ¼, SWAY, PREP, FULL TURN, HOLD

- 1-2 Step forward on L, Make ½ turn left stepping back on R
3-4 Make ¼ turn left step L to left side, sway body to the left
5 Rock R out to the right side as you prep body
6&7 Make ¼ turn left step forward on L, make a ½ turn left stepping back on R, make a ¼ turn left stepping L to left side
8 Hold

SIDE, CLOSE, BODY ROLL, BACK, ¼ SWAY

- 1-2 Step R to right side, close L next to R
Arms 1-2 Reach right arm out in front of you, palm facing up, reach left arm out in front of you, palm facing up
3 Pull both arms in, closing fists and tucking elbows in to your waist as you begin to body roll from head to toe
4 Slowly drop your arms by your sides
5-6 Slowly step back on left over the two counts
7-8 Make ¼ turn right step R out to right side, sway the body to the right

SWAY, SWAY, 1½ TURN, CROSS, HOLD

- 1-2 Rock L out to left side, sway body to the left
3-4 Rock R out to right side, sway body to the right
5-6 Make ¼ turn left step forward on L, make a ½ turn left stepping back on R
7-8 Make a ½ left stepping forward on L, cross R over L
Arm 8 Hold right hand over chest popping chest forward

