



Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 HEEL GRIND ¼ TURN, COASTER HEEL, BALL-FORWARD, SIDE, FORWARD BODY ROLL

- 1-2 Touch R heel forward, twist/grind heel ¼ turn R step L back (3:00)
3&4 Step R back, step L back, touch R heel forward
&5-6 Step R next to L, step L forward, step R to R side
7-8 Roll upper body forward, roll upper body back (weight to R)
Styling During the chorus, Replace the forward body roll with a drop/squat then back up

SEC 2 HEEL GRIND ¼ TURN, COASTER STEP, ROCK RECOVER, SHUFFLE ½ TURN

- 1-2 Touch L heel forward, twist/grind heel ¼ turn L step R back (12:00)
3&4 Step L back, step R next to L, step L forward
5-6 Rock R forward, recover weight to L
7&8 Turn ½ R step R forward, step L next to R, step R forward (6:00)

SEC 3 STEP, ½ TURN HITCH, ½ TURN STEP, HITCH, ROCK RECOVER, PONY STEP BACK

- 1-2 Step L forward, turn ½ R hitch R (12:00)
3-4 Turn ½ R step R forward, hitch L (6:00)
5-6 Rock L forward, recover weight on R
7&8 Step L back hitch R knee, step R next to L, step L back hitch R knee

SEC 4 REVERSE ROCKING CHAIR, BALL, CROSS, HOLD, BALL CROSS, HOLD

- 1-2 Rock R back, recover weight to L
3-4 Rock R forward, recover weight to L
&5-6 Step R next to L, cross L over R, hold
&7-8 Step R to R side, cross L over R, hold

