

# Insane



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Intermediate Level Dance. Choreographed by: Mikael Molsa (FIN) Jan 2024 Choreographed to: Insane (A Hazbin Hotel Song) by Black Gryph0n & Baasik

Intro: 16 Counts. Start at approx 11 secs.

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## SEC 1 MODIFIED CHARLESTON STEPS

- 1& Step right forward, recover weight to left
- 2& Step right back, sweep left back from front to back and step weight to left
- 3-4 Ronde right from front to back for 2 counts (weight remains on left
- 5& Step right forward, recover weight to left
- 6& Step right back, sweep left back from front to back and step weight to left
- 7-8 Ronde right from front to back for 2 counts (weight remains on left

#### SEC 2 MAMBO STEP, COASTER STEP, SYNCOPATED LOCK STEPS, STEPS FORWARD

- 1&2 Step right forward, recover weight back to left, step right back
- 3&4 Step left back, step right next to left, step left forward
- 5&6& Step right forward, lock left behind right, step right forward, step left forward
- 7&8& Lock right behind left, step left forward, step right forward, step left forward

### SEC 3 KICK, STEP HITCH, KICK, STEP HITCH, HEEL, SWIVET, KICK, STEP HITCH, KICK, STEP HITCH, HEEL, SWIVET

- 1& Kick right forward, step right next to left and lift left knee
- 2& Kick left forward, step left next to right and lift right knee
- 3& Touch right heel forward, twist right toe to right and left heel to left
- 4& Return both back to center, step weight to right and lift left knee
- 5& Kick left forward, step left next to right and lift right knee
- 6& Kick left forward, step right next to left and lift left knee
- 7&8 Touch left heel forward, twist left toe to left and right heel to right, return both back to center, step weight to left

## SEC 4 MAMBO STEP, COASTER STEP, 1/4 TURN APPLEJACKS

- 1&2 Step right forward, recover weight back to left, step right back
- 3&4& Step left back, step right next to left, step left to forward, step right to right side weight on both feet
- 5& Twist left toe and right heel to left, return both of them to center
- 6& Turn 1/8 left twist right toe and left heel to left, return both of them to center
- 7& Twist left toe and right heel to left, return both of them to center
- 8& Turn 1/8 left twist right toe and left heel to left, return both of them to center (weight ends up on left

