The Stroll

Remember to Vote for your favourite dances in the Linedancer Charts.

## SEC 1 SIDE, TOUCH, POINT, TOUCH, EXTENDED VINE

1-2 Step L to L side, touch R toe beside L
3-4 $\quad$ Point $R$ to $R$ side, touch $R$ toe beside $L$
5-6 Step $R$ to $R$ side, cross $L$ behind $R$
7-8 Step $R$ to $R$ side, cross $L$ over $R$

SEC 2 SIDE, TOUCH, POINT, TOUCH, VINE, TOUCH TOGETHER
1-2 Step $R$ to $R$ side, touch $L$ toe beside $R$
3-4 Point $L$ to $L$ side, touch $L$ toe beside $R$
5-6 Step $L$ to $L$ side, cross $R$ behind $L$
7-8 $\quad$ Step $L$ to $L$ side, touch $R$ beside $L$

SEC 3 SHUFFLE FORWARD, HEEL STRUTS X 3
1\&2 Step R fwd, step L beside R, step R fwd
3-4 Touch $L$ heel fwd, drop toes to floor
5-6 Touch R heel fwd, drop toes to floor
7-8 Touch L heel fwd, drop toes to floor

SEC 4 FORWARD, HOLD, $1 / 4$ PIVOT, HOLD, FORWARD, HOLD, $1 / 4$ PIVOT, HOLD
1-2 Step R fwd, hold
3-4 Pivot $1 / 4$ turn over L, hold (weight on L) (9:00)
5-6 Step R fwd, hold
7-8 Pivot $1 / 4$ turn over L, hold (weight on L) (6:00)
Note Wall 7 Starts from this point, with a step change to start (See Below)
SEC 5 VINE, TOGETHER, V-STEP
1-2 Step $R$ to $R$ side, cross $L$ behind $R$
3-4 Step $R$ to $R$ side, step $L$ together
5-6 Step $R$ out into $R$ diagonal, step $L$ out into $L$ diagonal
7-8 Step R back, step L together

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## SEC 6 ROCKING CHAIR X2

1-2 Rock $R$ fwd, recover weight back onto $L$
3-4 Rock $R$ back, recover weight fwd onto $L$
5-6 Rock $R$ fwd, recover weight back onto $L$
7-8 Rock $R$ back, recover weight fwd onto $L$

Note Wall 8 and 9 Start from this point, Wall 8 is danced on opposite foot (see below), Wall 9 as normal
SEC 7 SLOW KICK-BALL-CHANGE, SCUFF, STOMP, HOLD FOR 3 COUNTS
1-2 Kick R fwd, step R together
3-4 Step L slightly fwd, scuff $R$ fwd
5-8 Stomp R fwd, hold for counts 6-7-8
Note $\quad$ On count 5, push both hands out at hip height and keep them out for counts 6-7-8

## SEC 8 HEEL TOGETHER (X4) SLIGHTLY TRAVELLING BACK

1-2 Touch $L$ heel fwd into $L$ diagonal, step $L$ slightly back
3-4 Touch $R$ heel fwd into $R$ diagonal, step $R$ slightly back
5-6 Touch $L$ heel fwd into $L$ diagonal, step $L$ slightly back
7-8 Touch $R$ heel fwd into $R$ diagonal, step $R$ together

Tag At the end of Wall 3 Complete 16 sets of heel struts in a direction of your choice, Return to (6:00) by end of Struts

Note Wall 7 Starts from SEC 4, Replace counts 33-36 with the following then continue from count 37
SEC VINE LEFT, TOUCH TOGETHER
1-2 Step $L$ to $L$ side, cross $R$ behind $L$
3-4 Step $L$ to $L$ side, touch $R$ together

Note Wall 8 Starts from SEC 7, but starting with the left foot
SEC SLOW KICK-BALL-CHANGE, SCUFF, STOMP, HOLD FOR 3 COUNTS
1-2 Kick $L$ fwd, step $L$ together
3-4 Step R slightly fwd, scuff $L$
5-8 Stomp L fwd, hold for counts 6-7-8

HEEL TOGETHER (X4) SLIGHTLY TRAVELLING BACK
1-2 Touch $R$ heel fwd into $R$ diagonal, step $R$ slightly back
3-4 Touch $L$ heel fwd into $L$ diagonal, step $L$ slightly back
5-6 Touch $R$ heel fwd into $R$ diagonal, step $R$ slightly back
7-8 Touch $L$ heel fwd into $L$ diagonal, step $L$ slightly back

Note Wall 9 Starts from SEC 7 starting on the right foot

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