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- 1-2& Step left to side, drag/rock right behind left, recover onto left
3-4& Turn $\frac{1}{4}$ right and step right forward, step left forward, turn $\frac{1}{4}$ right (weight onto right, 6:00)
5-6& Cross left over right, turn $\frac{1}{4}$ right and step right back, turn $\frac{1}{4}$ right and step left to side (12:00)
7-8& Cross/rock right over left (facing 10:30), recover to left, turn $\frac{1}{2}$ right and step right slightly forward (4:30)
- 1-2& Step left slightly forward, turn $\frac{3}{4}$ right sweeping right from back to side and step right to side (1:30), turn $\frac{1}{4}$ left and step left forward (10:30)
3-4& Step right slightly forward, full a turn left sweeping left from back to front and rock left forward, recover to right (10:30)
5-6 Step left back, drag/step right back
7&8 Drag/step left back, turn $\frac{1}{8}$ right and step right together, step left forward and sweep right from back to front (12:00)
- 1&2 Cross right over left, step left to side, cross right behind left sweeping left from front to back
3&4 Cross left behind right, turn $\frac{1}{4}$ right and step right forward, step left slightly forward sweeping right from back to front (3:00)
5&6 Cross right over left, step left to side, cross right behind left sweeping left from front to back
7&8 Cross left behind right, step right to side, cross left over right
& Unwind $\frac{3}{4}$ right taking weight onto right (12:00)
- 1-2& Rock left forward, recover to right, step left together
3-4& Rock right forward, recover to left, step right together
5-6 Step left forward, turn $\frac{1}{4}$ right (weight to right, 3:00)
7&8 Cross left over right, turn $\frac{1}{4}$ left and step right back, turn $\frac{1}{2}$ left and step left forward
& Step right together (6:00)
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