

Let Go Of Your Heart



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www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.
Choreographed by: Daniel Exton (UK) Oct 2023
Choreographed to: Babylon by David Gray
Intro: 32 Counts. Start at approx 17 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE 1/4

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1-2	Cross Rock Right over Left, Recover onto Right
3&4	Right to Right side, Left next to Right, Right to Right side
5-6	Cross Rock Left over Right, Recover onto Right
7&8	Chasse Left-Right-Left with ¼ turn Left (9:00)
SEC 2	ROCK, RECOVER, BACK, BACK, ROCK BACK, RECOVER, KICK BALL CHANGE
1-2	Rock forward on Right foot, Recover onto Left
3&4	Shuffle back Right-Left-Right
5-6	Rock Back on Left foot, Recover onto Right
7&8	Kick Left foot out, Left next to Right, Right next to Left (Weight on L
Restart	Here on Wall 5
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SEC 3	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS
SEC 3	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS
SEC 3 1-2	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right
SEC 3 1-2 3&4	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left
SEC 3 1-2 3&4 5-6 7&8	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right
SEC 3 1-2 3&4 5-6 7&8	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right STEP, 1/4, STEP, 1/4, CROSS, BACK 1/4 TURN, SIDE ROCK, RECOVER
SEC 3 1-2 3&4 5-6 7&8 SEC 4 1-2	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right STEP, ¼, STEP, ¼, CROSS, BACK ¼ TURN, SIDE ROCK, RECOVER Right foot forward, ¼ turn Left (6:00)
SEC 3 1-2 3&4 5-6 7&8	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right STEP, 1/4, STEP, 1/4, CROSS, BACK 1/4 TURN, SIDE ROCK, RECOVER
SEC 3 1-2 3&4 5-6 7&8 SEC 4 1-2	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right STEP, ¼, STEP, ¼, CROSS, BACK ¼ TURN, SIDE ROCK, RECOVER Right foot forward, ¼ turn Left (6:00)
SEC 3 1-2 3&4 5-6 7&8 SEC 4 1-2 3-4	SIDE, TOGETHER, ROCK AND CROSS, SIDE, TOGETHER, ROCK AND CROSS Right to Right side, Left next to Right Rock Right to Right side, Recover onto Left, Cross Right over Left Left to Left side, Right next to Left Rock Left to Left side, Recover onto Right, Cross Left over Right STEP, ¼, STEP, ¼, CROSS, BACK ¼ TURN, SIDE ROCK, RECOVER Right foot forward, ¼ turn Left (6:00) Right foot forward, ¼ turn Left (3:00)

