

Head Held High



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Choreographed by: Jonas Dahlgren (SWE), Jo Kinser (UK),
Hayley Wheatley (UK) & Gregory Danvoie (BE) Aug 2023

Choreographed to: Head Held High by SERA
Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 7&8	ROCK, RECOVER SWEEP, BEHIND, STEP ¼ TURN, STEP, STEP ½ TURN, ½ BACK, ¼ SIDE, CROSS RF rock forward, Recover on LF and RF sweep back RF cross behind LF, ¼ turn LF step forward, RF step forward (9:00) LF step forward, Turn ½ turn R ½ turn R LF step back, ¼ turn R RF step R, LF cross over RF (12:00)
SEC 2 1-2 3&4 5 6-8	SWAY SWAY, FULL TURN, DIAGONAL FORWARD TURNING % TURN TAPPING RF RF step R and sway R, LF step L and sway L 1/4 turn R RF step forward, 1/2 turn R LF step back, 1/4 turn R RF step R (12:00) 1/8 turn diagonal R LF step forward (1:30) Turn 1/2 turn R whilst raising both hands with palms facing upwards and tapping RF (7:30)
SEC 3 1-2 3&4 5-6 Option 7&8	WALK WALK, ANCHOR STEP, FULL TURN BACK, 1/8 TURN BEHIND SIDE CROSS RF walk forward, LF walk forward (Bring both hands down RF lock behind LF, LF Recover, RF step slightly back 1/2 turn L LF step forward, 1/2 turn L RF step back (7:30) Two swivel walks back for counts 5-6 LF cross behind RF, 1/8 turn R RF step R, LF cross over RF (9:00)
SEC 4 1&2 3&4 5-6 7&8&	SIDE TOUCH SIDE, BEHIND, ¼ TURN, STEP FORWARD, STEP ¼ TURN, VAUDEVILLE RF step R, LF touch next to RF, LF step L RF cross behind LF, ¼ turn L LF step forward, RF step forward LF step forward, ¼ turn R RF step R (9:00) LF cross over RF, RF step R, LF heel diagonal forward L, LF step next to RF
SEC 5 1-2 3&4	CROSS, ¼ TURN, SHUFFLE ½ TURN, CROSS SAMBA ¼ TURN, KICK, OUT-OUT RF cross over LF, ¼ turn R LF step back (12:00) RF step ¼ turn R, LF step next to RF, RF step ¼ turn R (6:00)
Restart 3-4	Here on Wall 2, Change 3-4 to the following ½ turn R RF step forward, LF slide next to RF (weight on LF
5&6 7&8	LF cross over RF, ½ turn L RF step R, LF step L (3:00) RF kick forward, RF step R (out), LF step L (out

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SEC 6 1&2 3&4 5&6	3/4 TURN DIAMOND RF cross over LF, LF step L, ½ turn R RF step back (4:30) LF step back, ½ turn R RF step R, ½ turn R LF step forward (7:30) RF cross over LF, ½ turn R LF step R, ½ turn R RF step back (10:30)
7&8	LF step back, ¼ turn R RF step R, LF step forward (12:00)
SEC 7 1&2 3&4	KICK OUT OUT, RUN FORWARD, BACK LOCK STEP X2 RF kick forward, RF step R, LF step L Legs wide RF run forward, LF run forward, RF run forward
Restart	Here on Wall 4, add the following then restart
5&6	LF run forward, RF run forward, LF run forward (weight on L to finish)
7-8	Take a deep breath for 2 counts Raising both arms up and outwards
5&6	LF step back to the diagonal, RF cross over LF, LF step back to the diagonal
7&8	RF step back to the diagonal, LF cross over RF, RF step back to the diagonal
SEC 8	RUN AROUND $^3\!\!4$ TURN SWEEP, CROSS, SIDE, BEHIND SWEEP, BEHIND, SIDE, STEP, $^5\!\!4$ TURN
1&2	1/4 turn L LF step forward, 1/4 turn L RF step forward, 1/4 turn L LF step forward RF sweep forward (3:00)
3&4 5&6	RF cross over LF, LF step L, RF cross behind LF and LF sweep back LF cross behind RF, RF step R, LF step forward
7-8	RF step forward, ½ turn L (9:00)
Ending	After 62 counts of the last wall
7-8	RF step forward, ¼ turn L
Arms	Raise arms and head to the sky once more on lyrics "head held high"

