

Unhealthy



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 48 Count 2 Wall Phrased Intermediate Level Dance.
Choreographed by: Luna Valerioti (FR) Jul 2023
Choreographed to: Unhealthy by Anne-Marie feat Shania Twain
Intro: 16 Counts. Start at approx 17 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

Sequence: A, B, B, B, A, B, B, B

Part A SEC 1 1-2& 3-4& 5-6& 7-8&	(Nightclub Timing) NIGHTCLUB BASIC, ½ HINGE, SWEEP, CROSS, NIGHTCLUB BASIC, ½ HINGE, SWEEP, CROSS Big Step R with RF, Close LF to RF, Step RF over LF Step LF to L side,½ turn to the R with a sweep on RF, Cross LF over RF (6:00) Big Step R with RF, Close LF to RF, Step RF over LF Step LF to L side, ½ turn to the R with a sweep on RF, Cross LF over RF (12:00)
SEC 2 1-2& 3-4& 5-6& 7-8&	VINE ¼, STEP, ½ TURN, STEP, ½ TURN, STEP, 5 TURN ¾, STEP Step RF to R side, Cross LF behind RF, Step RF fwd turning ¼ turn over R shoulder (3:00) Step LF fwd, Step RF fwd with a ½ turn over L shoulder, Step LF fwd (9:00) Step RF fwd, Step LF fwd with a ½ turn over R shoulder, Step RF fwd (3:00) Step LF fwd, Step RF fwd with a ¾ turn over L shoulder, Step LF fwd (6:00)
Part B SEC 1 1-2 3&4 5-6 7&8	(Funky) ROCK RECOVER, VINE, ROCK RECOVER, VINE Rock RF to R side, Recover on LF Cross RF behind LF, Step LF to L side, Cross RF over LF Rock LF to L side, Recover on RF Cross LF behind RF, Step RF to R side, Cross LF over RF
SEC 2 1-2 3-4 &5&6 7-8	STEP, ½ TURN, STEP, STEP, V STEP, STEP, ¼ TURN Step RF fwd with a ½ turn over L shoulder, Step LF fwd (12:00) Step RF fwd, Step LF fwd Step RF to R diagonal, Step LF to L diagonal, Step RF back, Close LF to RF Step RF fwd with a ¼ turn over L shoulder, Step LF to L side (9:00)
SEC 3 1-2 3&4 5-6 7&8	WEAVE, ROCK RECOVER, CROSS SHUFFLE Cross RF over LF, Step LF to L side Cross RF behind LF, Step LF to L side, Cross RF over LF Rock LF to L side, Recover on RF Cross LF over RF, Step RF to R side, Cross LF over RF
SEC 4 1-2 3&4 5-6 7&8	WALK, WALK, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD 1/8 R walk fwd RF, 1/8 turn walk L (12:00) 1/8 R Step fwd on R Step L beside R 1/8 R Step R fwd (3:00) 1/8 R walk fwd L, 1/8 turn R walk fwd R (6:00) 1/8 R Step fwd on L, Step R beside L, 1/8 R Step L fwd (12:00)

