



Remember to Vote for your favourite dances in the Linedancer Charts.

Starting Position: Side by Side

SEC 1 HEEL, TOE BACK, SHUFFLE, ROCK, RECOVER, SHUFFLE

- 1-2 Touch right heel forward, Touch right toe back
3&4 Shuffle in place - right, left, right
5-6 Rock forward on left foot, Recover back onto right foot
7&8 Shuffle in place - left, right, left

SEC 2 ROCK, RECOVER, SHUFFLE, STEP, PIVOT ½, SHUFFLE

- 1-2 Rock back on right foot, Recover forward onto left foot
3&4 Shuffle forward right, left, right
5-6 Step left foot forward, Pivot ½ right (RLOD)
7&8 Shuffle forward left, right, left

SEC 3 STEP, TURN ¼, ROCK, RECOVER, ROCK

- 1-2 Step forward on right foot while turning ¼ left, Rock on the left foot (OLOD)

Arms Hands joined at women's shoulders

- 3-4 Recover onto right foot, Rock on left foot while turning body ¼ left (LOD)

SEC 4 SHUFFLE X4

- 1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

