

So Unhealthy



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Improver Level Dance.
Choreographed by: Heather Barton (UK) Jul 2023
Choreographed to: Unhealthy by Anne-Marie feat Shania Twain

Remember to Vote for your favourite dances in the Linedancer Charts.

Intro SEC 1 1-2 3-4 5-6 7-8	Start Immediately STEP FWD/SWEEP, CROSS, SIDE, BEHIND, BEHIND, SIDE RF step forward & sweep LF forward over two counts LF cross over RF, RF step side LF cross behind RF & sweep RF backwards over two counts RF cross behind LF, LF step side
SEC 2 1-2 3&4 5-6 7-8 Note	CROSS ROCK/RECOVER, CHASSE ¼ TURN, ROCK FWD/RECOVER, LARGE STEP BACK, HOOK RF rock across LF, recover on RF RF step side, LF close next to RF, ¼ turn R & RF step forward LF rock forward, recover on RF LF large step back, RF hook across LF The 4th time you'll dance the intro, replace count 16 (hook) with a RF touch next to LF
Dance SEC 1 1-2 3&4& 5-6 7&8	64 Counts 33 Secs SIDE ROCK/RECOVER, VAUDEVILLE, CROSS, ¼ BACK, SHUFFLE BACK RF rock side, recover on LF RF cross over LF, LF step side, RF dig heel diagonally R-forward, RF close on ball next to LF LF cross over RF, ¼ turn L & RF step back (9:00) LF step back, RF close next to LF, LF step back
SEC 2 1-2 3&4 5-6 7-8	ROCK BACK/RECOVER, CROSS SAMBA, WEAVE RF rock back, recover on LF RF cross over LF, LF rock side, recover on RF LF cross over RF, RF step side LF cross behind RF, RF step side
SEC 3 1-2 3&4 5-6 7-8	CROSS ROCK/RECOVER, CHASSE ¼ TURN, ¼ POINT, FLICK, CROSS SHUFFLE LF rock across RF, recover on RF LF step side, RF close next to LF, ¼ turn L & LF step forward (6:00) Make ¼ turn L on LF & point RF side, flick R (3:00) RF cross over LF, LF step side, RF cross over LF
SEC 4 1-2 3-4 5-6 &7-8	1/2 HINGE TURN, CROSS ROCK/RECOVER, SIDE, HOLD, BALL, SIDE, TOUCH 1/4 turn R & LF step back, 1/4 turn R & RF step side (9:00) LF rock across RF, recover on RF LF step side, hold RF close on ball next to LF, LF step side, RF touch next to RF

