Slow Low

16 Count 4 Wall Intermediate Level Dance.
Choreographed by: Gary O'Reilly (IRL) Jun 2023
Choreographed to: Slow Low by Jason Derulo
Intro: 16 Counts. Start at approx 10 secs.

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## SEC 1 CROSS ROCK, SIDE ROCK, BACK ROCK, WALK, CROSS SIDE BACK, HITCH, BEHIND, SIDE

1\&2\& Cross rock $R$ over $L$, recover on $L$, rock $R$ to $R$ side, recover on $L$
$3 \& 4 \quad$ Cross rock $R$ behind $L$, recover on $L$, step forward on $R$ towards $R$ diagonal ( $1: 30$ )
5\&6 Cross $L$ over $R$, step $R$ to $R$ side, $1 / 8 L$ stepping back on $L$ hitching $R$ knee (12:00)
7-8 Cross $R$ behind $L$, step $L$ to $L$ side (opening body to $L$ diagonal

SEC 2 STEP, LOCK, WALK, SIDE ROCK \& CROSS, HIP ROLL $1 / 8$, HIP ROLL $1 / 8$
\&1-2 $\quad 1 / 8 L$ stepping forward $R$ towards $L$ diagonal, lock $L$ behind $R$, walk forward on $R(10: 30)$
3\&4 $\quad 1 / 8 R$ rocking $L$ to $L$ side, recover on $R$, cross $L$ over $R(12: 00)$
5-6 Step $R$ to $R$ side, $1 / 8 L$ transferring weight onto $L$ rolling hips full circle anti-clockwise from $L$ to $R$ (10:30)
7-8 Step $R$ to $R$ side, $1 / 8 L$ transferring weight onto $L$ rolling hips full circle anti-clockwise from $L$ to $R(9: 00)$

Note During Wall 4 an 10 the pace of the music increases dance the dance in single counts taking out all the " $\&$ " counts
The dance slows down notably during the hip roll sections so take your time and roll slowly

Tag 1 At the end of Walls 4 and 10
SLOW JAZZBOX
1-2 Cross R over L (LET), HOLD
3-4 Step back on L (ME), HOLD
5-6 Step R to R side (LOVE), HOLD
7-8 Step forward on L (YOU), HOLD

Tag 2 At the end of Wall 6
JAZZBOX
1-2 Cross R over L, step back on L
3-4 Step R to R side, step forward on L

Ending After 16 counts of Wall 15 make $1 / 4$ L stepping $R$ to $R$ side, point $L$ to $L$ side with arms raised up over head $\&$ hands back to back palms facing out

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