

Slow Low



SEC₁

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Choreographed by: Gary O'Reilly (IRL) Jun 2023
Choreographed to: Slow Low by Jason Derulo
Intro: 16 Counts. Start at approx 10 secs.

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CROSS ROCK, SIDE ROCK, BACK ROCK, WALK, CROSS SIDE BACK, HITCH, BEHIND, SIDE

1&2& 3&4 5&6 7-8	Cross rock R over L, recover on L, rock R to R side, recover on L Cross rock R behind L, recover on L, step forward on R towards R diagonal (1:30) Cross L over R, step R to R side, ½ L stepping back on L hitching R knee (12:00) Cross R behind L, step L to L side (opening body to L diagonal
SEC 2	STEP, LOCK, WALK, SIDE ROCK & CROSS, HIP ROLL 1/8, HIP ROLL 1/8
&1-2 3&4	 ¼ L stepping forward R towards L diagonal, lock L behind R, walk forward on R (10:30) ¼ R rocking L to L side, recover on R, cross L over R (12:00)
5-6 7-8	Step R to R side, ½ L transferring weight onto L rolling hips full circle anti-clockwise from L to R (10:30) Step R to R side, ½ L transferring weight onto L rolling hips full circle anti-clockwise from L to R (9:00)
Note	During Wall 4 an 10 the pace of the music increases dance the dance in single counts taking out all the "&" counts The dance slows down notably during the hip roll sections so take your time and roll slowly
Tag 1	At the end of Walls 4 and 10 SLOW JAZZBOX
1-2	Cross R over L (LET), HOLD
3-4	Step back on L (ME), HOLD
5-6 7-8	Step R to R side (LOVE), HOLD Step forward on L (YOU), HOLD
Tag 2	At the end of Wall 6 JAZZBOX
1-2	Cross R over L, step back on L
3-4	Step R to R side, step forward on L
Ending	After 16 counts of Wall 15 make $\frac{1}{4}$ L stepping R to R side, point L to L side with arms raised up over head & hands back to back palms facing out

