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# **Nothing For Nothing**

44 Count 4 Wall Improver Level Dance. Choreographed by: Laurent Chalon (BE) Jun 2023 Choreographed to: Nothing for Nothing by Billy Preston Intro: 16 Counts. Start at approx 13 secs.

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## SEC 1 PRISSY WALK, PRISSY WALK, STEP LOCK STEP, ROCK FWD, ½ TURN, ¼ TURN

- 1-2 Cross R over L, Cross L over R
- 3&4 Step R forward, Lock L behind R, Step R forward
- 5-6 Rock forward on L, Recover onto R
- 7-8 <sup>1</sup>/<sub>2</sub> turn left step L forward, <sup>1</sup>/<sub>4</sub> turn left step R to the right (3:00)

## SEC 2 SAILOR STEP, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, <sup>1</sup>/<sub>4</sub> TURN, <sup>1</sup>/<sub>4</sub> TURN

- 1&2 Step L behind R, Step R to the right, Step L to the left
- 3&4& Step R behind L, Step L to the left, Cross R over L, Step L to the left
- 5-6 Cross Rock R behind L, recover on L
- 7-8 <sup>1</sup>/<sub>4</sub> turn left and step R back, <sup>1</sup>/<sub>4</sub> turn left and step L to the left (9:00)

#### SEC 3 CROSS MAMBO, CROSS, SIDE, BEHIND SWEEP, BEHIND, SIDE, CROSS SHUFFLE

- 1&2 Cross R over L, Recover onto L, Step R to right
- 3&4 Cross L over R, Step R to right, Cross L behind R & Sweep R from front to back
- 5-6 Step R behind L, Step L to left
- 7&8 Cross R over L, Step L to left, Cross R over L

## SEC 4 <sup>1</sup>/<sub>2</sub> TURN CROSS SHUFFLE, SIDE, TOUCH, <sup>1</sup>/<sub>4</sub> TURN STEP FWD

- 1&2 <sup>1</sup>/<sub>2</sub> turn left and cross L over R, Step R to right, Cross L over R (3:00)
- 3&4 Step R to right, Touch L beside R, ¼ turn left and step L forward (12:00)
- Note Section 4 only has 4 counts

## SEC 5 WALK, WALK, STEP, PIVOT 1/2 TURN, STEP, WALK, WALK, SIDE ROCK 1/4 TURN, STEP

- 1-2 Step R forward, Step L forward
- 3&4 Step R forward, Pivot <sup>1</sup>/<sub>2</sub> turn to the left, Step R forward (6:00)
- 5-6 Step L forward, Step R forward
- 7&8 Step L to left, Recover onto R with <sup>1</sup>/<sub>4</sub> turn to the right, Step L forward (9:00)

## SEC 6 HALF CHARLESTON, COASTER STEP, SIDE POINT, TOUCH, SIDE POINT, FLICK, KICK BALL CHANGE

- 1-2 Sweep R from back to front and point R forward, Sweep R from front to back and step R back
- 3&4 Step L back, Step R next to L, Step L forward
- 5&6& Point R to right, Touch R next to L, Point R to right, Flick R
- 7&8 Kick R, Step R next to L, Step L forward



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