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**Remember to Vote** for your favourite dances in the Linedancer Charts.

**SEC 1 SYNCOPATED SIDE ROCKS, SYNCOPATED FORWARD ROCKS**

- 1-2& Rock R to R, recover L in place of R, Step on the ball of R keeping weight on R  
3-4& Rock L to L, recover R in place of L, step on the ball of L keeping weight on L  
5-6& Rock R forward, recover on L, Step on the ball of R keeping weight on R  
7-8& Rock L forward, recover on R, Step on the ball of L keeping weight on L

**SEC 2 WALK BACK, WALK BACK, BACK ROCK, ¼ TURN, HOLD, BALL, SIDE, TOUCH**

- 1-2 Walk back R, Walk back L  
3-4 Rock back R, Recover on L  
5-6 On the ball of R ¼ turn L, hold (9:00)  
7&8 Step on the ball of L, step R to R, touch L beside R

**Restart** Here on Wall 4 Step L beside R

**SEC 3 FULL TURN, SHUFFLE ¼ TURN, ROCK STEP, COASTER STEP**

- 1-2 On the ball of L spin a ½ L, On the ball of R spin a ½ R (9:00)  
3&4 Shuffle ¼ turn L stepping L,R,L (6:00)  
5-6 Rock forward R, Recover on L  
7&8 Step R back, Step L beside R, step forward R

**SEC 4 ROCK STEP & HEEL, HOLD, & SIDE ROCK, CROSS SHUFFLE**

- 1-2 Rock forward on L, Recover on R  
&3-4 Step back on L keeping weight on L, Touch R heel forward, hold  
&5-6 Step R in place of L, Rock L to L side, Recover in place of R  
7&8 Cross L over R, step R to R, cross L over

