

**KICK TWICE, BACK UP**

- 1,2 Kick right foot forward twice  
3 Step back on right foot  
4 Step back on left foot

**STEP, KICK TWICE, HOP**

- 5 Step forward on right foot  
6,7 Kick left foot forward twice  
8 Hop back with both feet

**SHAKE TWICE, STEP, HOLD**

- 9,10 Shake right leg to the right side twice  
11 Step right foot into the home position (weight now on right)  
12 Hold for one count

**SHAKE TWICE, STEP, HOLD**

- 13,14 Shake left leg to the left side twice  
15 Step left foot into the home position (weight now on left)  
16 Hold for one count

**WOBBLE 2, 3, 4****/Allow whole body to wobble during these 4 counts**

- 17 Bend right knee out and place weight on ball of right foot  
18 Bend left knee out and place weight on ball of left foot  
19 Bend right knee out and place weight on ball of right foot  
20 Bend left knee out and place weight on ball of left foot

**STEP, STEP, & HOP, HOLD**

- 21 Step right foot into home position  
22 Step left foot into home position  
& 23 Lift right foot up & quickly hop up on left foot  
24 Hold for one count

**REPEAT**

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