

Down This Road Before



www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.

Choreographed by: Becky Hawthorne (USA) Apr 2023

Choreographed to: Is It Love by Foster & Lloyd

Intro: Start on vocal "Been" at approx 2 secs

Remember to Vote for your favourite dances in the Linedancer Charts.

| SEC 1 | ROCKING CHAIR, HEEL, HOOKED TOE TOUCH, HEEL, STEP |
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| 1-2 | Rock RF forward, Recover weight back on LF |
| 3-4 | Rock RF back, Recover weight forward on LF |
| 5-6 | Touch R heel forward, Hook RF over L and touch R toe outside LF |
| 7-8 | Touch R heel forward, Step RF next to LF |
| SEC 2 | ROCKING CHAIR, HEEL, HOOKED TOE TOUCH, HEEL, STEP |
| 1-2 | Rock LF forward, Recover weight back on RF |
| 3-4 | Rock LF back, Recover weight forward on RF |
| 5-6 | Touch L heel forward, Hook LF over R and touch L toe outside RF |
| 7-8 | Touch L heel forward, Step LF next to RF |
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| SEC 3 | SWIVEL HEEL, TOE, HEEL, HOLD, SWIVEL HEEL, TOE, HEEL, HOLD |
| SEC 3 1-2 | SWIVEL HEEL, TOE, HEEL, HOLD, SWIVEL HEEL, TOE, HEEL, HOLD Swivel heels to R, Swivel toes to R |
| | |
| 1-2 | Swivel heels to R, Swivel toes to R |
| 1-2 3-4 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold |
| 1-2 3-4 5-6 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L |
| 1-2 3-4 5-6 7-8 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L Swivel heels to L, Hold |
| 1-2 3-4 5-6 7-8 Styling | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L Swivel heels to L, Hold Knee bounces on counts 3-4 and 7-8 |
| 1-2 3-4 5-6 7-8 Styling SEC 4 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L Swivel heels to L, Hold Knee bounces on counts 3-4 and 7-8 VINE 1/4 TURN, TOUCH, VINE, TOUCH |
| 1-2 3-4 5-6 7-8 Styling SEC 4 1-2 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L Swivel heels to L, Hold Knee bounces on counts 3-4 and 7-8 VINE 1/4 TURN, TOUCH, VINE, TOUCH Step RF to R side, Cross LF behind R |
| 1-2 3-4 5-6 7-8 Styling SEC 4 1-2 3-4 | Swivel heels to R, Swivel toes to R Swivel heels to R, Hold Swivel heels to L, Swivel toes to L Swivel heels to L, Hold Knee bounces on counts 3-4 and 7-8 VINE 1/4 TURN, TOUCH, VINE, TOUCH Step RF to R side, Cross LF behind R 1/4 Step RF forward, Touch LF next to RF (3:00) |

